

Andrologia: svantaggi di genere maschile



Linda Vignozzi

Associate Professor

Head, Andrology, Women's endocrinology and gender incongruence

University of Florence,

Training Center of the European Academy of Andrology





Infertility

**Sexual
dysfunction**



**General
Health**

**Metabolic
Syndrome**

Diabetes

CVD



Sexual
dysfunction

Metabolic
syndrome



GENDER MEDICINE ISSUE

ORIGINAL CONTRIBUTION

Erectile Dysfunction and Subsequent Cardiovascular Disease

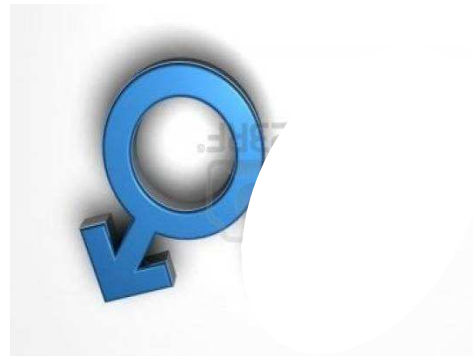
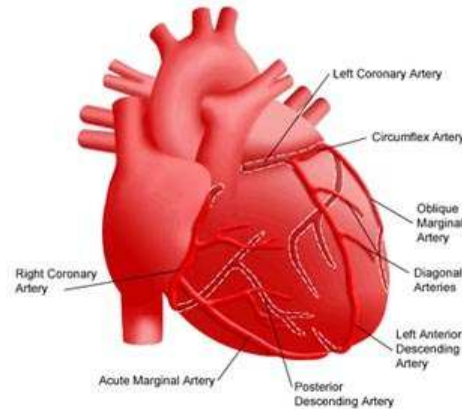
Ian M. Thompson, MD

Catherine M. Tangen, DrPH

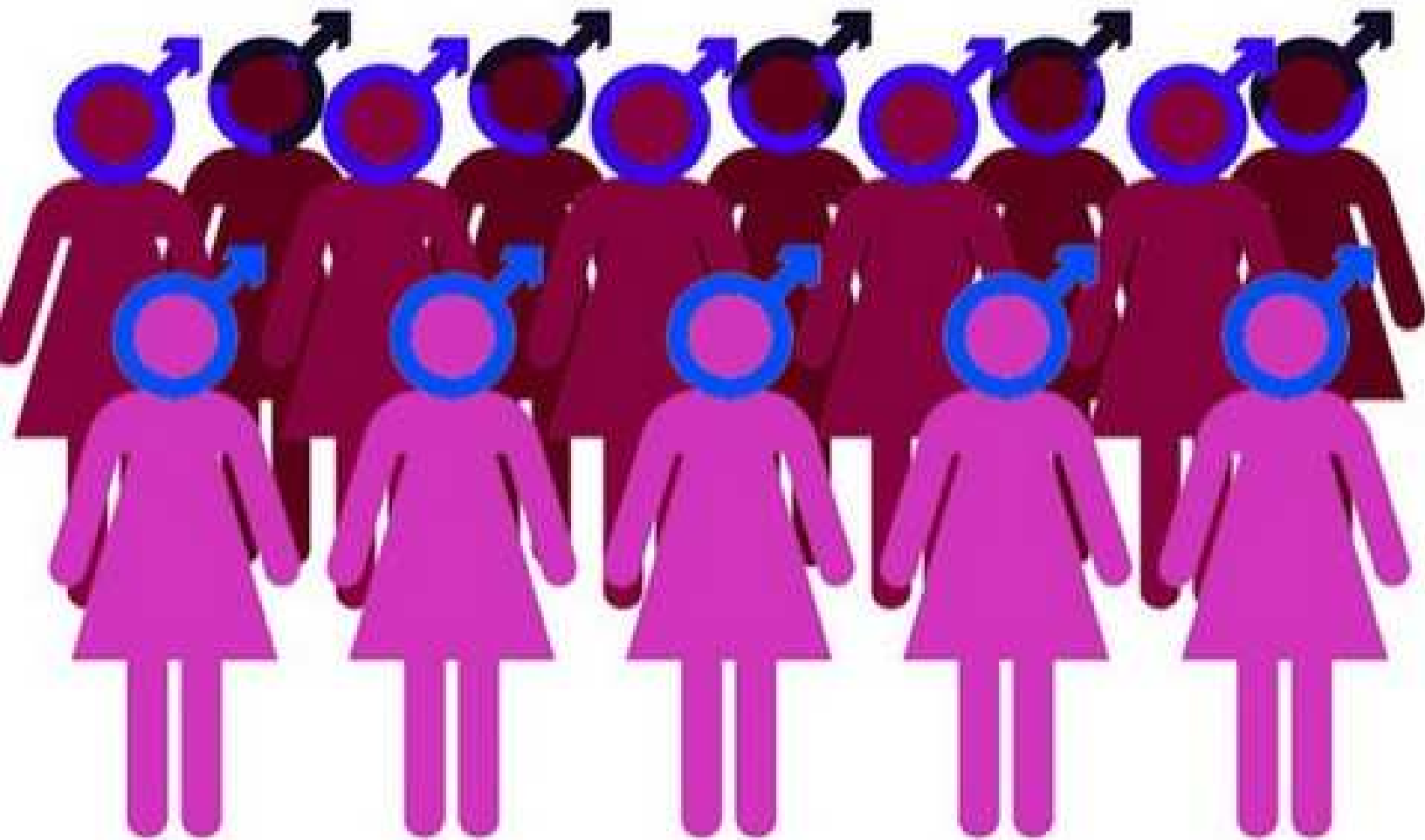
Phyllis J. Goodman, MS

Context The risk factors for cardiovascular disease and erectile dysfunction are similar.

Objective To examine the association of erectile dysfunction and subsequent cardiovascular disease.



#ED is a harbinger of CVD
#Sexual activity stimulates T



Can FSD be a mirror of cardiovascular health in women?

Sexual Satisfaction and Cardiovascular Disease: The Women's Health Initiative

Jennifer S. McCall-Hosenfeld, MD, MSc,^{a,b} Karen M. Freund, MD, MPH,^b Claudine Legault, PhD,^c
Sarah A. Jaramillo, MS,^c Barbara B. Cochrane, PhD, RN,^d JoAnn E. Manson, MD, DrPH,^e Nanette K. Wenger, MD,^f
Charles B. Eaton, MD, MS,^g S. Gene McNeeley, MD,^h Beatriz L. Rodriguez, MD, PhD,ⁱ Denise Bonds, MD, MPH^j

^aVA Boston Healthcare System, Mass; ^bBoston University, Mass; ^cWake Forest University School of Medicine, Winston-Salem, NC;

^dUniversity of Washington, Seattle; ^eBrigham and Women's Hospital, Boston, Mass; ^fEmory University, Atlanta, Ga; ^gMemorial Hospital of Rhode Island, Pawtucket; ^hWayne State University, Detroit, Mich; ⁱUniversity of Hawaii, Manoa; ^jUniversity of Virginia, Charlottesville.

Postmenopausal women aged 50 to 79 years, recruited at 40 clinical centers throughout the United States during 1994 through 1998

There were 93,676 women who participated in the observational cohort and were followed for 8-12 years

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^dUniversity of Washington, Seattle; ^eBrigham and Women's Hospital, Boston, Mass; ^fEmory University, Atlanta, Ga; ^gMemorial Hospital of
Rhode Island, Pawtucket; ^hWayne

ⁱLotterville.

Table 3 Odds of Prevalent Cardiovascular Disease by Sexual Satisfaction Status at Baseline (Women's Health Initiative Observational Study)

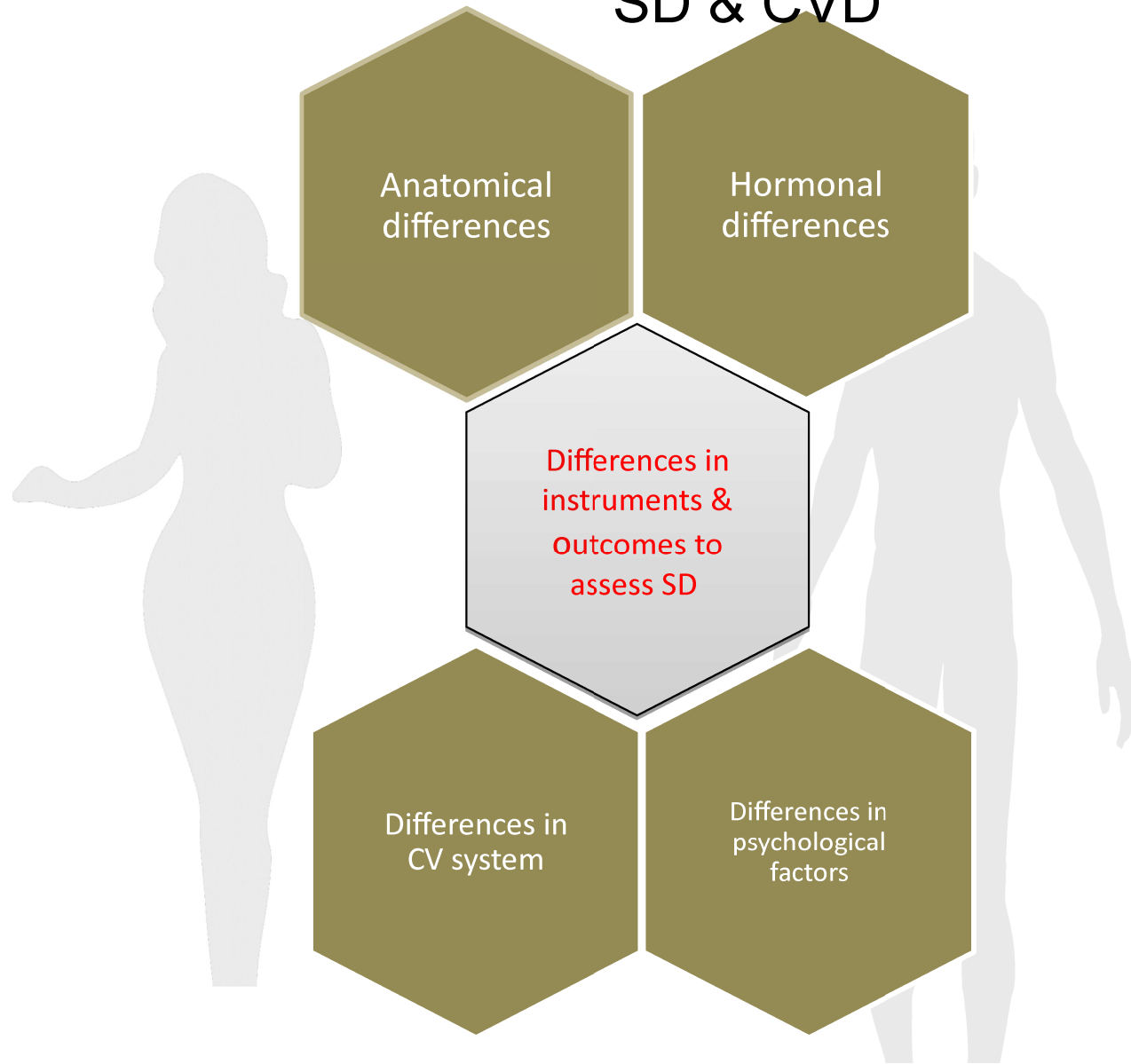
Baseline Cardiovascular Disease	OR (95% CI)	aOR (95% CI)
Myocardial infarction*	1.11 (0.94-1.31)	1.09 (0.88-1.36)
Stroke†	1.20 (0.98-1.47)	1.23 (0.99-1.52)
Coronary revascularization‡	0.89 (0.73-1.08)	0.92 (0.72-1.17)
Composite cardiovascular disease§	1.04 (0.92-1.17)	0.94 (0.78-1.11)
Peripheral arterial disease	1.52 (1.30-1.79)	1.44 (1.15-1.82)
Angina¶	0.98 (0.88-1.09)	0.77 (0.66-0.90)
Congestive heart failure**	0.95 (0.71-1.28)	0.93 (0.63-1.36)

No increased prevalence or incidence of cardiovascular disease among sexually active female subjects complaining of dissatisfaction with sexual activity at baseline, over 7.8 years of follow-up

CONCLUSIONS: Dissatisfaction with sexual activity was modestly associated with an increased prevalence of peripheral arterial disease, even after controlling for smoking status. However, dissatisfaction did not predict incident cardiovascular disease. Although this may represent insensitivity of the sexual satisfaction construct to measure sexual dysfunction in women, it might be due to physiological differences in sexual functioning between men and women.

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Potential causes of gender differences in the relationship between SD & CVD





**Metabolic
diseases**



Ministero della Salute

RELAZIONE DEL MINISTRO DELLA SALUTE AL PARLAMENTO SULLO
STATO DI ATTUAZIONE DELLA LEGGE CONTENENTE NORME IN
MATERIA DI PROCREAZIONE MEDICALMENTE ASSISTITA
(LEGGE 19 FEBBRAIO 2004, N. 40, ARTICOLO 15)

- Attività anno 2019 centri procreazione medicalmente assistita

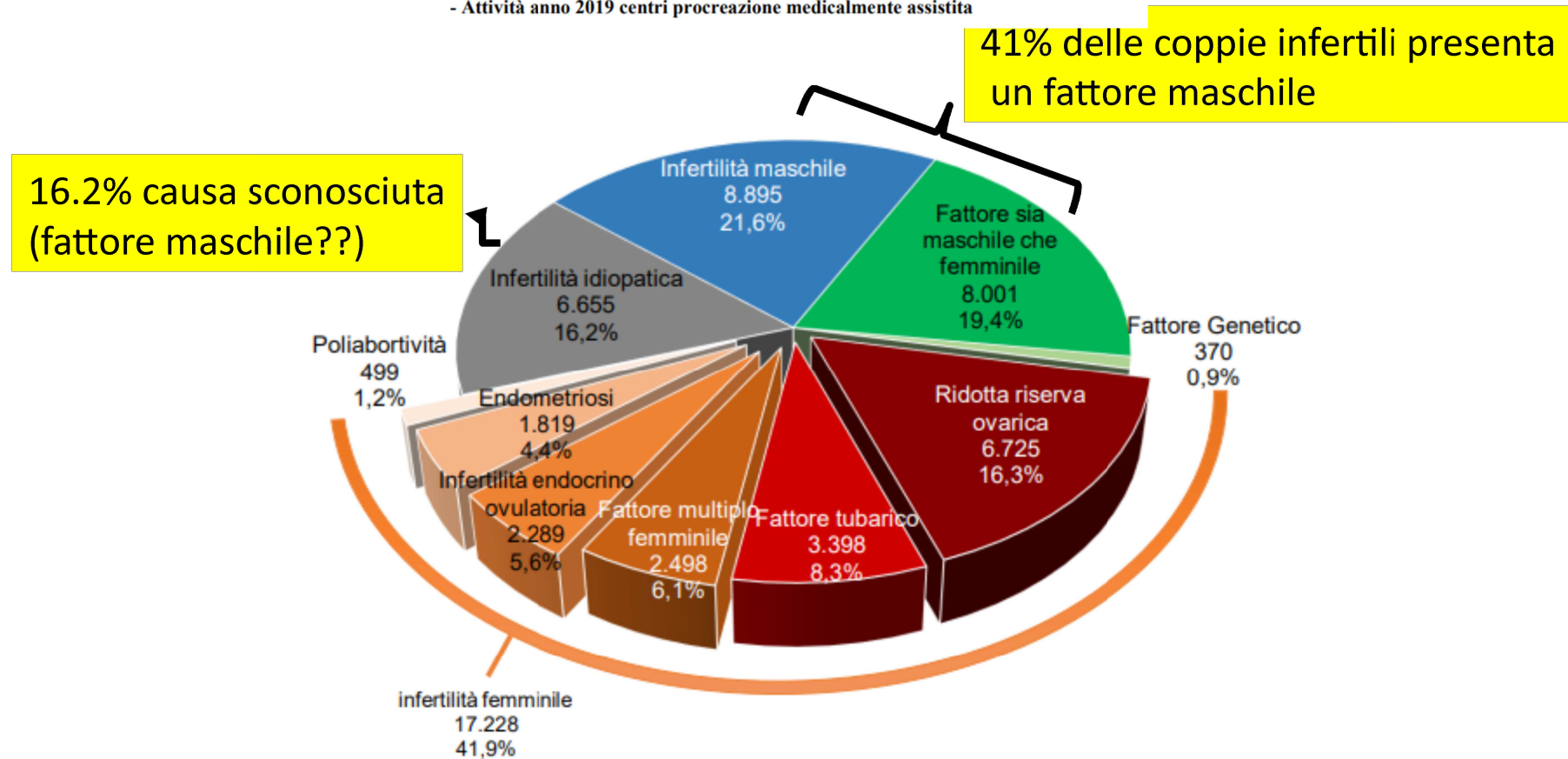


Figura 8. Indicazioni di infertilità per le 41.149 coppie trattate con tecniche di PMA di II e III livello con trasferimento di embrioni a fresco (FIVET/ICSI) nel 2019



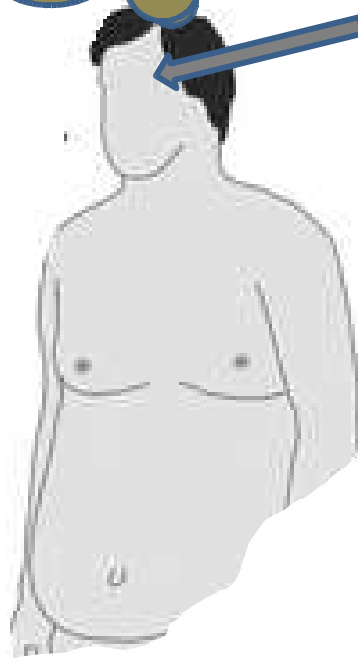
**Metabolic
syndrome**



Alterations
of
reproductive
axis

Metabolic
diseases

Hypogonadotropic
Hypogonadism

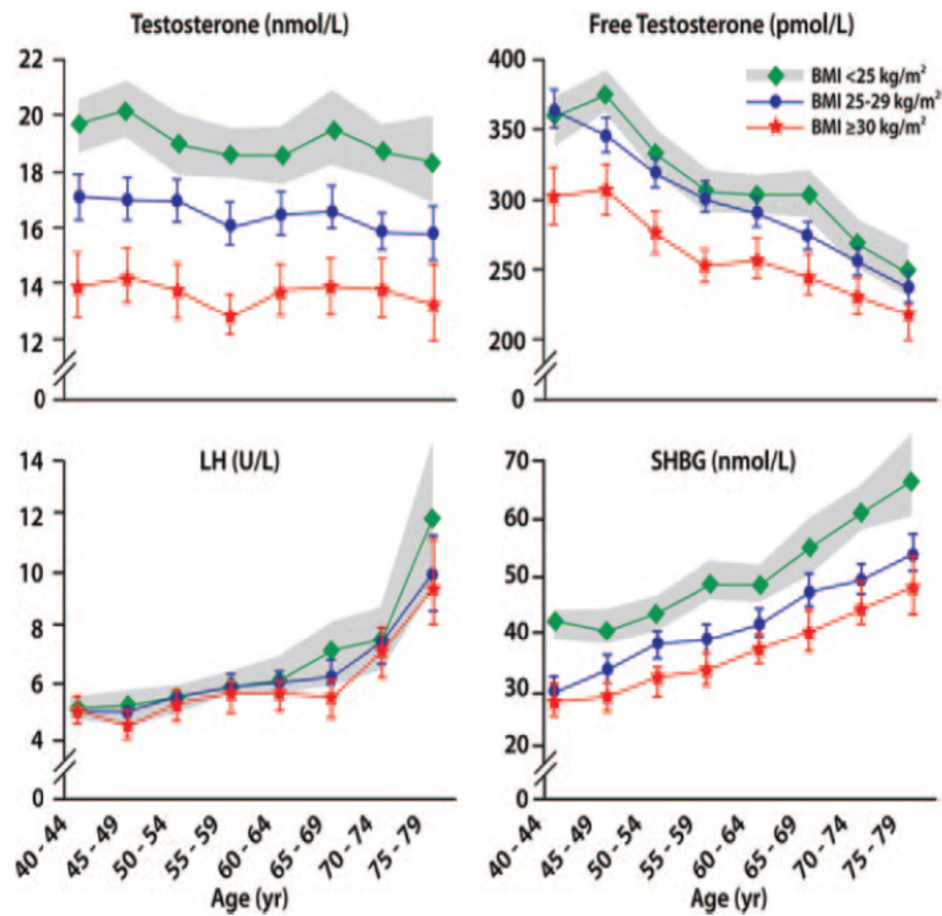
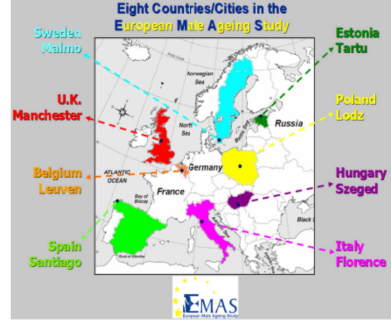
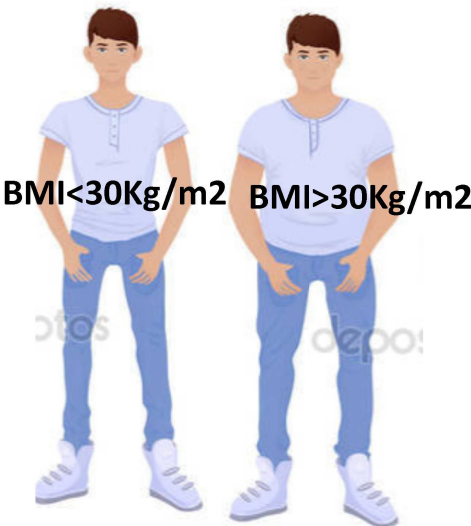


Hypothalamic-Pituitary-Testicular Axis Disruptions in Older Men Are Differentially Linked to Age and Modifiable Risk Factors: The European Male Aging Study

Frederick C. W. Wu, Abdelouahid Tajar, Stephen R. Pye, Alan J. Silman, Joseph D. Finn, Terence W. O'Neill, Gyorgy Bartfai, Felipe Casanueva, Gianni Forti, Aleksander Giwercman, Ilpo T. Huhtaniemi, Krzysztof Kula, Margus Punab, Steven Boonen, Dirk Vanderschueren, and The European Male Aging Study Group

J Clin Endocrinol Metab, July 2008, 93(7):2737–2745

dojournals.org). Thus, a change in BMI from nonobese to obese may be equivalent to a 15 yr fall in T. Similar findings have recently been reported in longitudinal U.S. population studies (26). It is noteworthy that the effects of obesity on the HPT axis

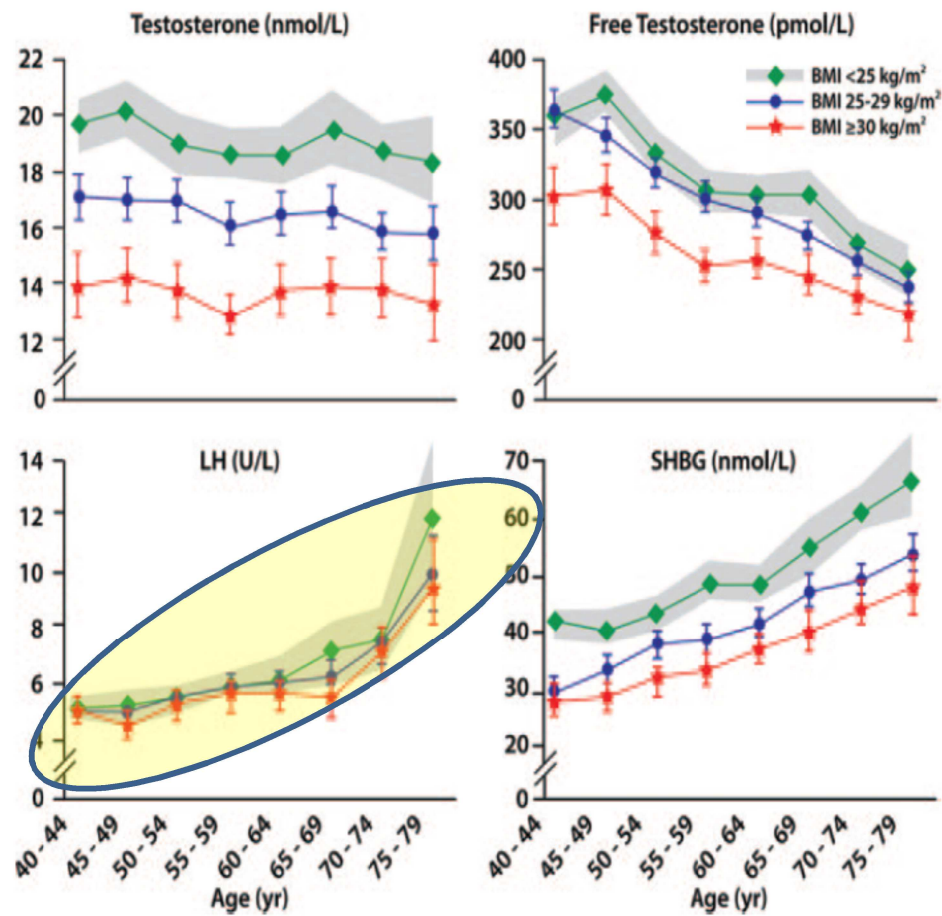
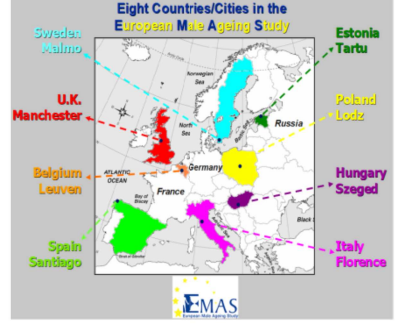
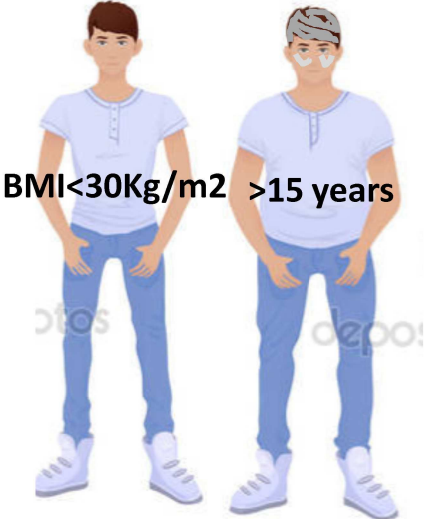


Hypothalamic-Pituitary-Testicular Axis Disruptions in Older Men Are Differentially Linked to Age and Modifiable Risk Factors: The European Male Aging Study

Frederick C. W. Wu, Abdelouahid Tajar, Stephen R. Pye, Alan J. Silman, Joseph D. Finn, Terence W. O'Neill, Gyorgy Bartfai, Felipe Casanueva, Gianni Forti, Aleksander Giwercman, Ilpo T. Huhtaniemi, Krzysztof Kula, Margus Punab, Steven Boonen, Dirk Vanderschueren, and The European Male Aging Study Group

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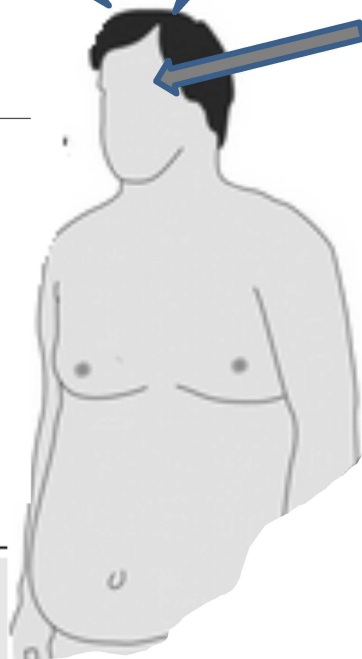




Hyperestrogenism Inflammation



**Hypogonadotropic
Hypogonadism**



CLINICAL RESEARCH ARTICLE

Tumor Necrosis Factor- α Impairs Kisspeptin Signaling in Human Gonadotropin-Releasing Hormone Primary Neurons

Erica Sarchielli,¹ Paolo Comeglio,⁴ Roberta Squecco,² Lara Ballerini,³ Tommaso Mello,⁵ Giulia Guarnieri,¹ Eglantina Idrizaj,² Benedetta Mazzanti,³ Linda Vignozzi,⁴ Pasquale Gallina,⁶ Mario Maggi,^{4,7} Gabriella B. Vannelli,¹ and Annamaria Morelli¹

¹Section of Human Anatomy and Histology, ²Section of Physiological Sciences, and ³Cell Therapy and Transfusion Medicine Unit, Department of Experimental and Clinical Medicine, University of Florence, 50134 Florence, Italy; ⁴Sexual Medicine and Andrology Unit and ⁵Gastroenterology Unit, Department of Experimental and Clinical Biomedical Sciences "Mario Serio," University of Florence, 50134 Florence, Italy; ⁶Neurosurgery School of Tuscany, Department of Surgery and Translational Medicine, University of Florence, 50139 Florence, Italy; and ⁷Istituto Nazionale Biostrutture e Biosistemi, 00136 Rome, Italy

Molecular and Cellular Endocrinology 382 (2014) 107–119

Contents lists available at ScienceDirect

Molecular and Cellular Endocrinology

journal homepage: www.elsevier.com/locate/mce



ELSEVIER

Metabolic syndrome induces inflammation and impairs gonadotropin-releasing hormone neurons in the preoptic area of the hypothalamus in rabbits

Annamaria Morelli^a, Erica Sarchielli^a, Paolo Comeglio^b, Sandra Filippi^c, Linda Vignozzi^b, Mirca Marini^a, Giulia Rastrelli^b, Elena Maneschi^b, Ilaria Cellai^b, Luca Persani^{d,f}, Luciano Adorini^e, Gabriella B. Vannelli^a, Mario Maggi^{b,g,*}



2890

ORIGINAL RESEARCH—BASIC SCIENCE

Estrogen Mediates Metabolic Syndrome-Induced Erectile Dysfunction: A Study in the Rabbit

Linda Vignozzi, MD, PhD,* Sandra Filippi, PhD,[†] Paolo Comeglio, PhD,* Ilaria Cellai, PhD,* Annamaria Morelli, PhD,[‡] Matilde Marchetta, PhD,* and Mario Maggi, MD*

*Sexual Medicine and Andrology Unit, Department of Experimental and Clinical Biomedical Sciences, University of Florence, Florence, Italy; [†]Interdepartmental Laboratory of Functional and Cellular Pharmacology of Reproduction, Department of Experimental and Clinical Biomedical Sciences and NEUROFARBA, University of Florence, Florence, Italy; [‡]Section of Anatomy and Histology, Department of Experimental and Clinical Medicine, University of Florence, Florence, Italy

Molecular and Cellular Endocrinology 384 (2014) 143–154

Contents lists available at ScienceDirect

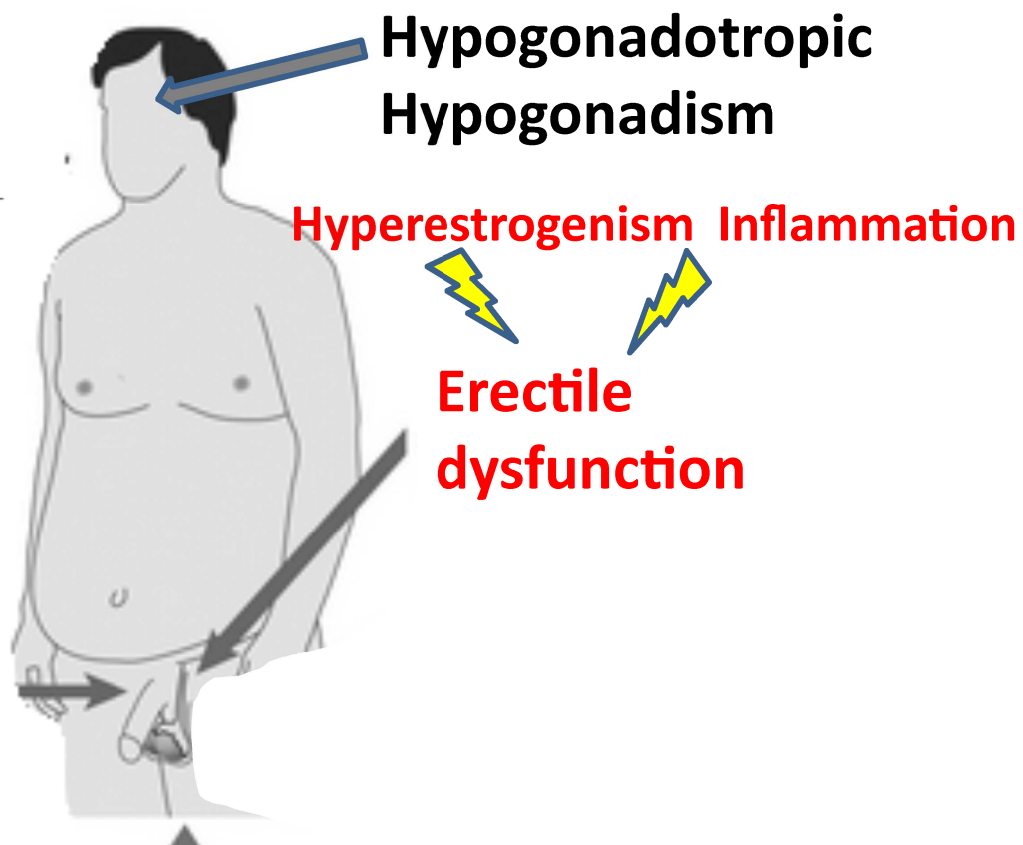
Molecular and Cellular Endocrinology

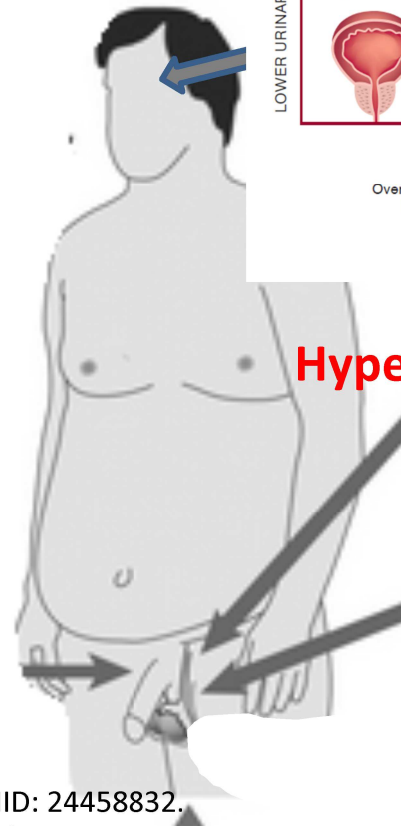
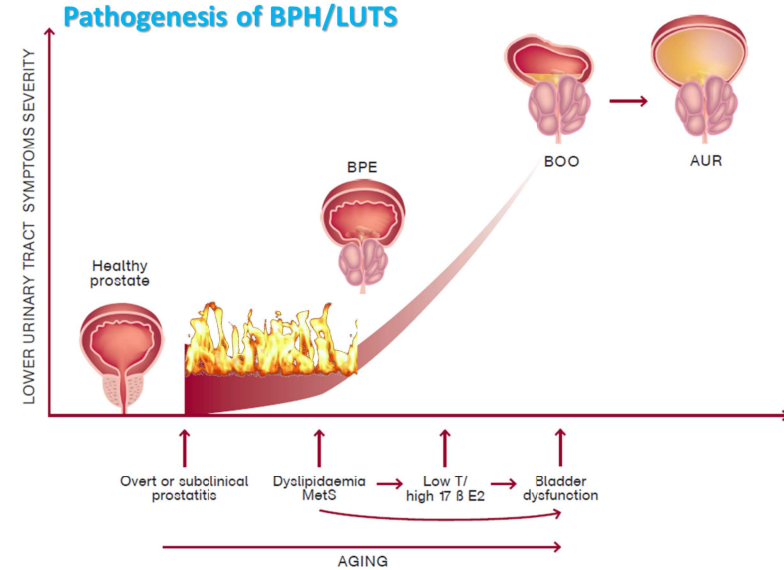
journal homepage: www.elsevier.com/locate/mce



Nonalcoholic steatohepatitis as a novel player in metabolic syndrome-induced erectile dysfunction: An experimental study in the rabbit

Linda Vignozzi^a, Sandra Filippi^b, Paolo Comeglio^a, Ilaria Cellai^a, Erica Sarchielli^c, Annamaria Morelli^c, Giulia Rastrelli^a, Elena Maneschi^a, Andrea Galli^d, Gabriella Barbara Vannelli^c, Farid Saad^e, Edoardo Mannucci^f, Luciano Adorini^g, Mario Maggi^{a,*}





Hyperestrogenism Inflammation

**Male accessory
Gland inflammation**

Lotti et al., J Endocrinol Invest. 2011;34:e336

Vignozzi et al., J Endocrinol Invest. 2014 Apr;37(4):313-22.

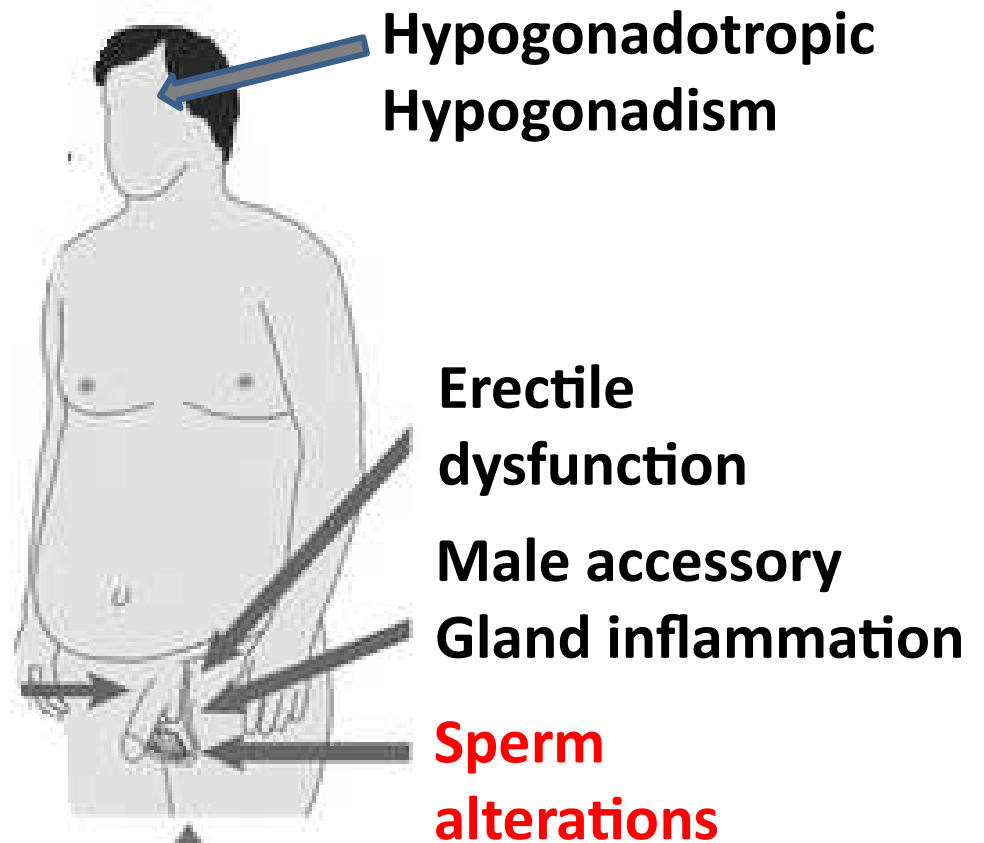
doi: 10.1007/s40618-014-0051-3. Epub 2014 Jan 24. PubMed PMID: 24458832.

Vignozzi L et al Prostate. 2013 Sep;73(13):1391-402. doi: 10.1002/pros.22686.

Epub 2013 Jun 13. PubMed PMID: 23765639.

Vignozzi L et al.,Prostate. 2013 Jun;73(8):789-800. doi:

10.1002/pros.22623. Epub 2012 Nov 28. PubMed PMID: 23620238.



**Hypogonadotropic
Hypogonadism**

**Erectile
dysfunction**

**Male accessory
Gland inflammation**

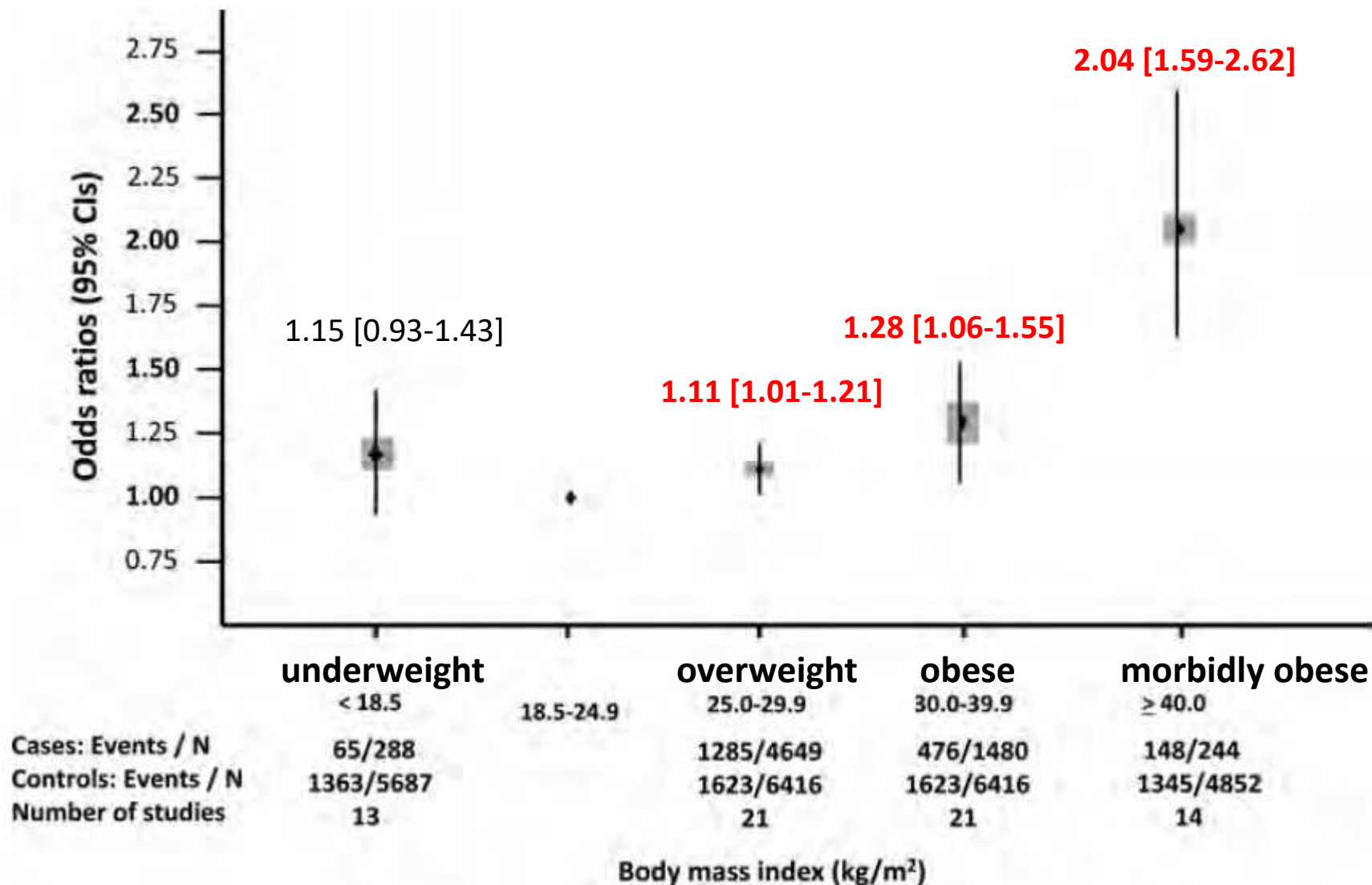
**Sperm
alterations**

BMI in relation to sperm count: an updated systematic review and collaborative meta-analysis

N. Sermondade^{1,2}, C. Faure^{1,2}, L. Fezeu², A.G. Shayeb³, J.P. Bonde⁴,
T.K. Jensen⁵, M. Van Wely⁶, J. Cao⁷, A.C. Martini⁸, M. Eskandar⁹,
J.E. Chavarro^{10,11}, S. Koloszar¹², J.M. Twigt¹³, C.H. Ramlau-Hansen¹⁴,
E. Borges Jr¹⁵, F. Lotti¹⁶, R.P.M. Steegers-Theunissen¹³, B. Zorn¹⁷,
A.J. Polotsky¹⁸, S. La Vignera¹⁹, B. Eskenazi²⁰, K. Tremellen²¹,
E.V. Magnusdottir²², I. Fejes²³, S. Hercberg^{2,24}, R. Lévy^{1,2†},
and S. Czernichow^{25,26,*†}

A total of 21 studies were included in the meta-analysis, resulting in a sample of 13 077 men from the general population and attending fertility clinics.

Association between BMI and abnormal TCS (oligozoospermia or azoospermia) according to categories of BMI.



The relationship between male BMI and waist circumference on semen quality: data from the LIFE study

Michael L. Eisenberg^{1,*}, Sungduk Kim², Zhen Chen²,
Rajeshwari Sundaram², Enrique F. Schisterman², and
Germaine M. Buck Louis²

¹Departments of Urology, Obstetrics and Gynecology, Stanford University School of Medicine, 300 Pasteur Drive, Stanford, CA 94305-5118, USA

²Division of Intramural Population Health Research, Eunice Kennedy Shriver National Institute of Child Health and Human Development, 6100 Executive Blvd., Room 7B03, Rockville, MD 20852, USA

The LIFE study is a population-based prospective cohort of 501 couples attempting to conceive in two geographic areas (Texas and Michigan, USA) recruited in 2005–2009

Table III Association of abnormal semen quality end-points with anthropometric measurements and physical activity.

Characteristic	Category	Volume <1.5 ml, n (%)	Concentration <15 M/ml, n (%)	Sperm count <39 M, n (%)	Vitality <58% n (%)	WHO normal morphology <30%, n (%)	Strict morphology < 4%, n (%)	DFI > 30%, n (%)
BMI BMI (kg/m ²)	<25.0	8 (5.03)	9 (5.66)	9 (5.66)	25 (15.72)	36 (45.00)	2 (2.50)	6 (7.32)
	25.0–29.99	33 (9.59)	27 (7.85)	24 (6.98)	67 (19.48)	88 (49.44)	8 (4.49)	20 (10.47)
	30.0–34.99	19 (8.92)	17 (7.98)	17 (7.98)	40 (18.78)	51 (43.59)	4 (3.42)	7 (5.88)
	≥35.0	19 (15.20)	21 (16.80)	24 (19.20)	16 (13.11)	33 (54.10)	4 (6.56)	1 (1.49)
	P-trend*	0.033	0.028	0.005	0.791	0.549	0.252	0.035
WC Waist circumference (cm)	<93.99	19 (6.62)	17 (5.92)	16 (5.57)	53 (18.47)	65 (44.52)	5 (3.42)	9 (5.88)
	94.0–101.59	26 (11.35)	17 (7.42)	15 (6.55)	42 (18.34)	62 (50.82)	5 (4.10)	16 (12.70)
	≥101.6	34 (10.73)	38 (11.99)	41 (12.93)	48 (15.29)	79 (47.88)	8 (4.85)	9 (5.08)
	P-trend*	0.099	0.025	0.008	0.459	0.479	0.377	0.882
Vigorous weekly activity	<1	56 (11.64)	44 (9.15)	51 (10.60)	87 (18.16)	116 (46.03)	10 (3.97)	19 (7.17)
	≥1	23 (6.39)	30 (8.33)	23 (6.39)	61 (16.99)	92 (50.00)	8 (4.35)	15 (7.73)
	P-trend*	0.053	0.64	0.422	0.8	0.287	0.972	0.532

Each semen end-point was dichotomized as normal/abnormal according to WHO standard.

Semen parameters dichotomized per WHO 5th edition.

*P-values of trend test based on linear models. In particular, linear mixed effects models were used for end-points measured in two semen samples, including volume, concentration, motility, total sperm count and vitality, while linear regression models were used for % WHO normal and the DFI. All models adjusted for age (<24, 25–29, 30–34, ≥35 years), college education (yes/no) and serum cotinine (non-smoker/active smoker).

Men's body mass index in relation to embryo quality and clinical outcomes in couples undergoing in vitro fertilization

Daniela S. Colaci, M.D., M.Sc.,^a Myriam Afeiche, Ph.D., M.P.H.,^a Audrey J. Gaskins, B.S.E.,^a Diane L. Wright, Ph.D.,^b Thomas L. Toth, M.D.,^b Cigdem Tanrikut, M.D.,^c Russ Hauser, M.D., M.P.H., Sc.D.,^{b,d,e} and Jorge E. Chavarro, M.D., Sc.D.^{a,d,f}

^a Department of Nutrition, Harvard School of Public Health, Harvard University; ^b Vincent Obstetrics and Gynecology, Massachusetts General Hospital and Harvard Medical School; ^c Department of Urology, Massachusetts General Hospital and Harvard Medical School; ^d Department of Epidemiology, Harvard School of Public Health; ^e Department of Environmental Health, Harvard School of Public Health; and ^f Channing Division of Network Medicine, Department of Medicine, Brigham and Women's Hospital and Harvard Medical School, Harvard University, Boston, Massachusetts

Possible deleterious effect of male obesity among couples undergoing ICSI

114 couples who underwent 172 assisted reproduction cycles

Odds ratios (95% CI) for clinical outcomes in couples undergoing assisted reproduction according to fertilization method (conventional in vitro fertilization and intracytoplasmic sperm injection).

Clinical outcome	No. of cycles		Male BMI			P trend
			18.5–24.99 kg/m ²	25–29.99 kg/m ²	≥ 30 kg/m ²	
IVF cycles						
Clinical pregnancy per initiated cycle ^{a,b}	74	Ref		0.83 (0.34–2.06)	1.69 (0.52–5.46)	.38
Live birth per initiated cycle ^{a,b}	74	Ref		1.80 (0.58–5.65)	1.84 (0.48–7.06)	.35
Clinical pregnancy per embryo transfer ^{c,b}	72	Ref		0.92 (0.38–2.22)	1.54 (0.47–5.06)	.51
Live birth per embryo transfer ^{c,b}	72	Ref		1.81 (0.59–1.71)	1.63 (0.43–6.16)	.44
ICSI cycles						
Clinical pregnancy per initiated cycle ^{b,d}	91	Ref		0.57 (0.20–1.63)	0.62 (0.14–2.67)	.35
Live birth per initiated cycle ^{b,d}	91	Ref		0.40 (0.14–1.17)	0.20 (0.04–1.00)	.03 ^f
Clinical pregnancy per embryo transfer ^{b,e}	86	Ref		0.53 (0.16–1.68)	0.53 (0.11–2.55)	.29
Live birth per embryo transfer ^{b,e}	86	Ref		0.40 (0.12–1.37)	0.16 (0.03–0.90) ^f	.04 ^f

Note: BMI = body mass index; ICSI = intracytoplasmic sperm injection; IVF = in vitro fertilization; Ref = reference value.

^a 53 Couples initiate an IVF cycle and underwent 74 IVF cycles.

^b Odds ratio (95% CI) adjusted for men's age, women's age, day-3 FSH level, infertility diagnosis, stimulation protocol, and women's BMI.

^c 52 couples underwent 72 embryo transfers among IVF cycles.

^d 55 couples initiated an ICSI cycle and underwent 91 ICSI cycles.

^e 52 couples underwent 86 embryo transfers among ICSI cycles.

^f P < .05 compared with the reference group (men's BMI 19–24.99 kg/m²).

Colaci. Men's BMI and IVF outcomes. Fertil Steril 2012.

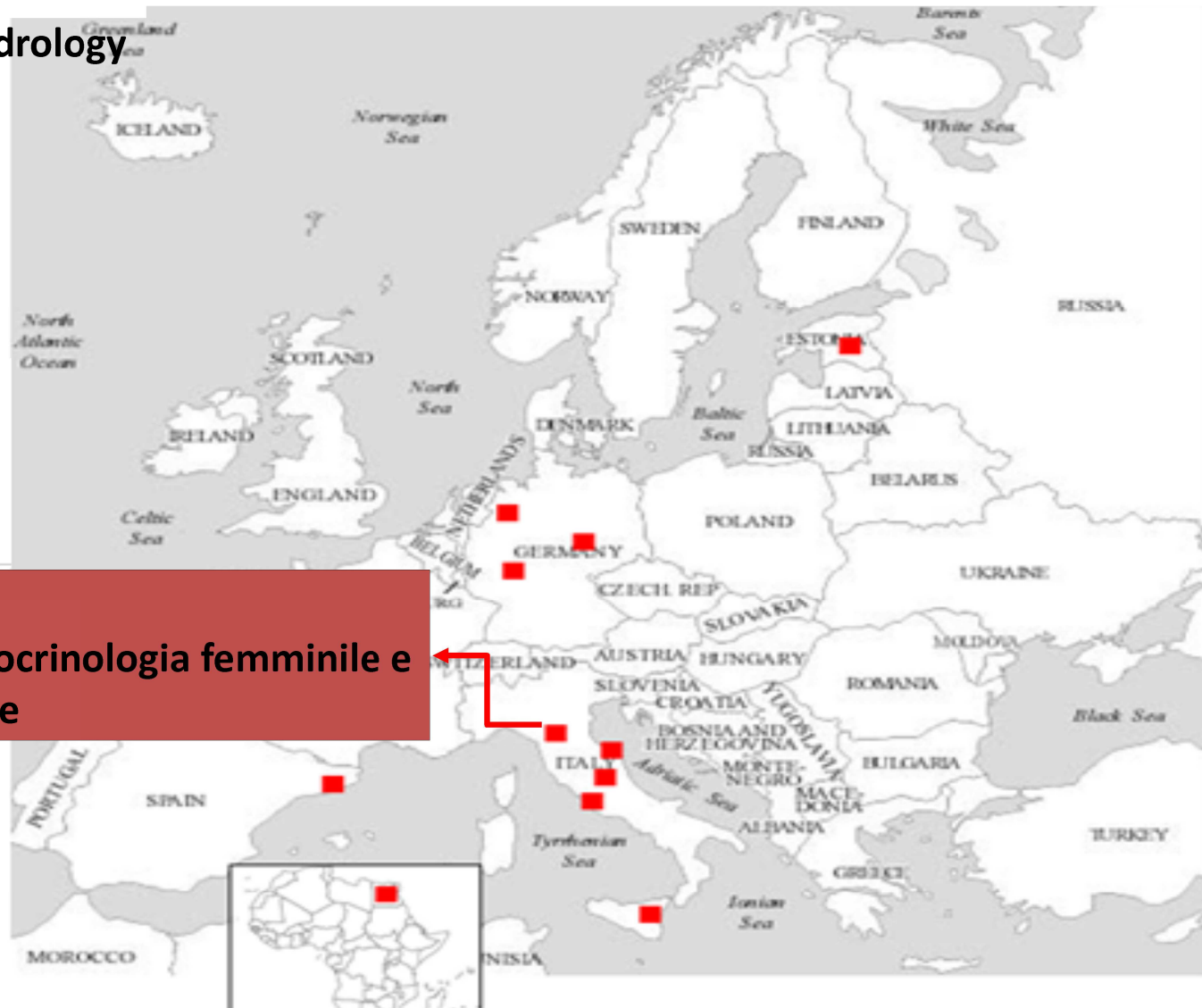


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SODc Andrologia, Endocrinologia femminile e
Incongruenza di genere





European Academy of Andrology



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DOI: 10.1111/andr.12808

ORIGINAL ARTICLE

ANDROLOGY  WILEY

The European Academy of Andrology (EAA) ultrasound study on healthy, fertile men: clinical, seminal and biochemical characteristics

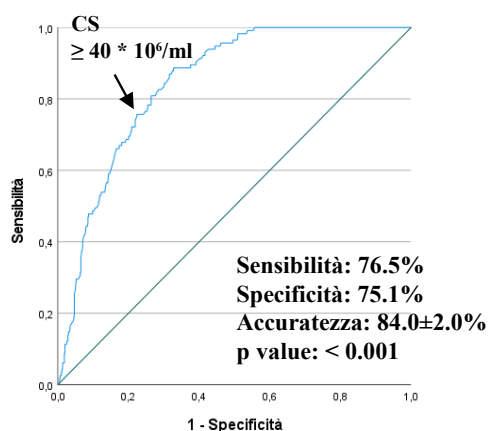
Francesco Lotti¹  | Francesca Frizza¹ | Giancarlo Balercia² | Arcangelo Barbonetti³ | Hermann M. Behre⁴ | Aldo E. Calogero⁵  | Jann-Frederik Cremers⁶ | Felice Francavilla³ | Andrea M. Isidori⁷  | Sabine Kliesch⁶ | Sandro La Vignera⁵  | Andrea Lenzi⁷ | Marios Marcou⁴ | Adrian Pilatz⁸  | Olev Poolamets⁹ | Margus Punab⁹ | Maria Fernanda Peraza Godoy¹⁰ | Osvaldo Rajmil¹⁰  | Gianmaria Salvio² | Osama Shaer¹¹ | Wolfgang Weidner⁸ | Elisa Maseroli¹ | Sarah Cipriani¹ | Elisabetta Baldi¹ | Selene Degl'Innocenti¹ | Giovanna Danza¹² | Anna Lucia Caldini¹³ | Alessandro Terreni¹³ | Luca Boni¹⁴ | Csilla Krausz¹  | Mario Maggi¹²

IL FATTORE MASCHILE PREDICE L'OUTCOME NELLA RIPRODUZIONE NATURALE

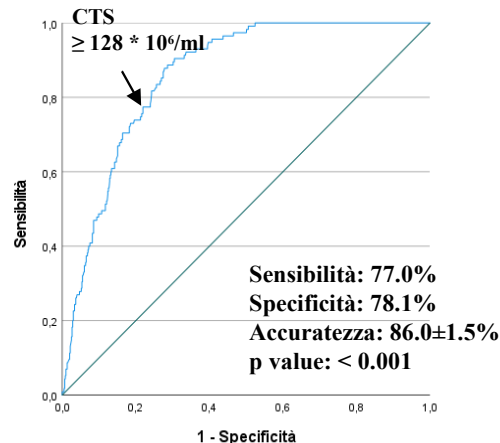
Predittori seminali, clinici e biochimici
di gravidanza con figlio nato vivo
valutando un ampio numero di parametri
in maschi di coppie infertili e fertili con nato vivo

Alterazione dei parametri del liquido seminale e degli spermatozoi predice la gravidanza con «neonato in braccio»

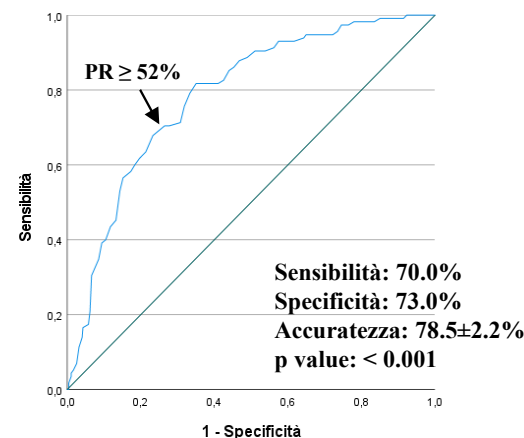
A Curva ROC per **concentrazione spermatica** (CS) predittiva di gravidanza con nato vivo



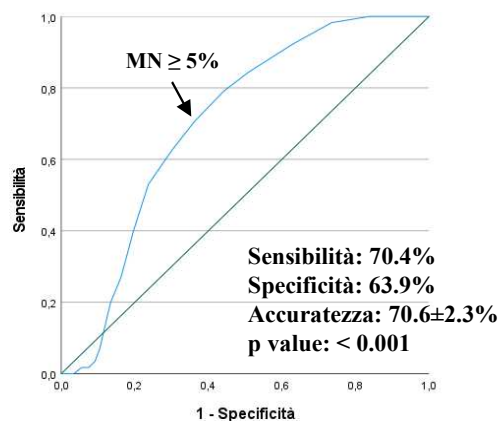
B Curva ROC per **conta totale spermatica** (CTS) predittiva di gravidanza con nato vivo



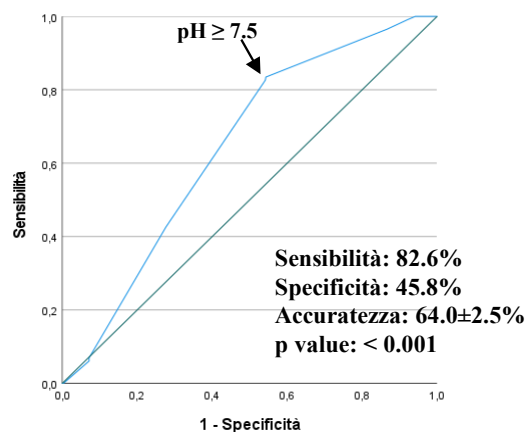
C Curva ROC per **motilità progressiva** (PR) predittiva di gravidanza con nato vivo



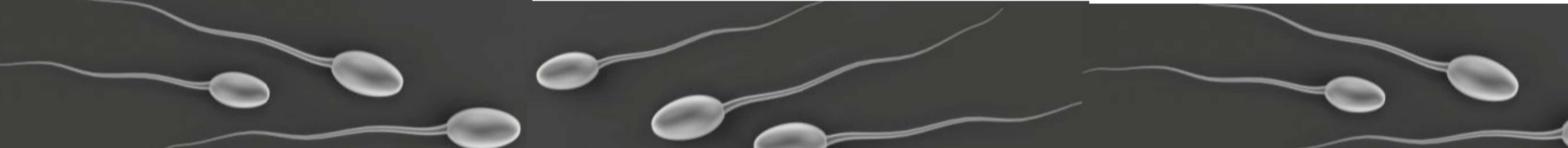
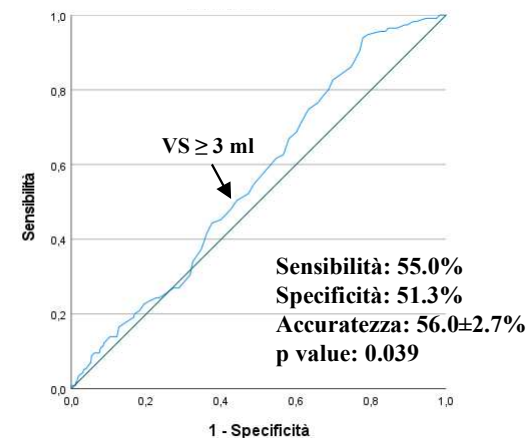
D Curva ROC per **morfologia normale** (MN) predittiva di gravidanza con nato vivo



E Curva ROC per **pH seminale** predittiva di gravidanza con nato vivo



F Curva ROC per **volume seminale** predittiva di gravidanza con nato vivo



Soglie relative ai parametri seminali e probabilità di gravidanza con «neonato in braccio»

Volume seminale ≥ 3 ml

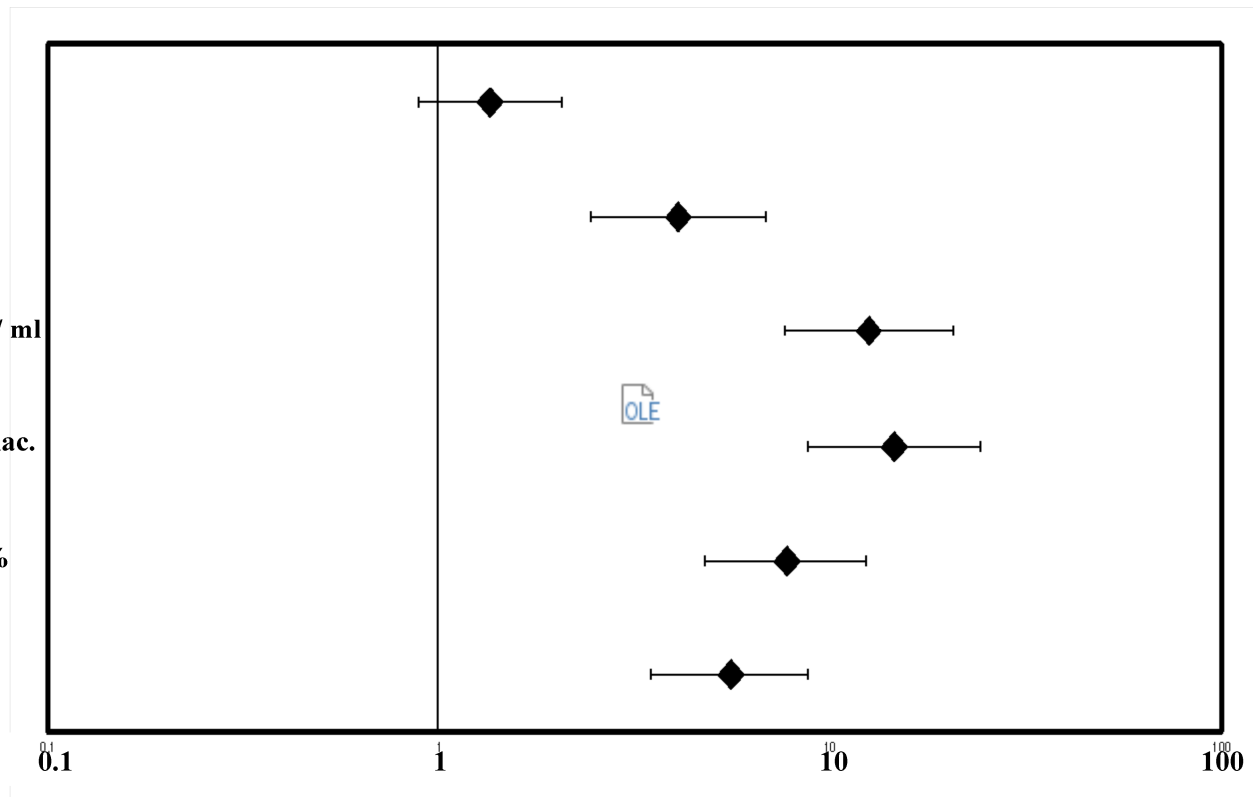
pH seminale ≥ 7.5

Concentrazione spermatica $\geq 40 \cdot 10^6 / \text{ml}$

Conta totale spermatica $\geq 128 \cdot 10^6 / \text{eiac.}$

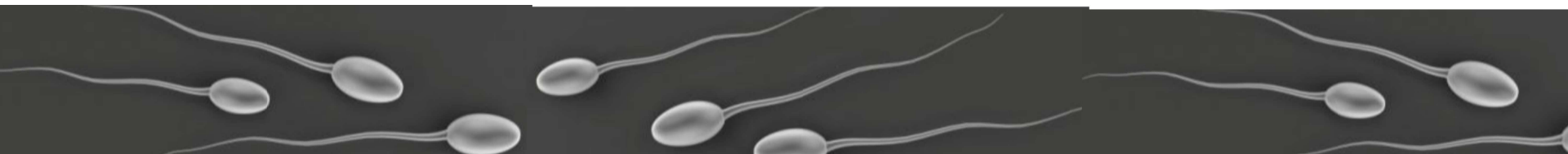
Motilità progressiva spermatica $\geq 52\%$

Morfologia normale spermatica $\geq 5\%$



Dati corretti per età del
maschio e della partner

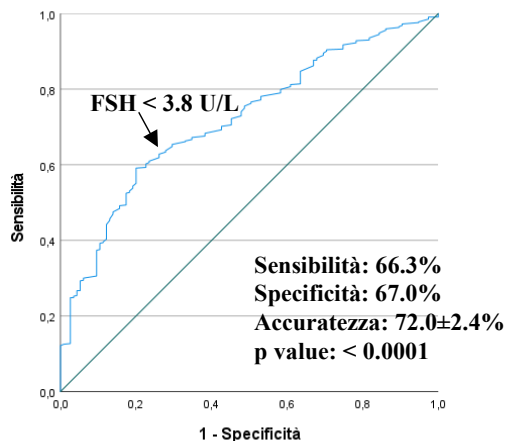
Odds Ratio (OR) per gravidanza con nato vivo



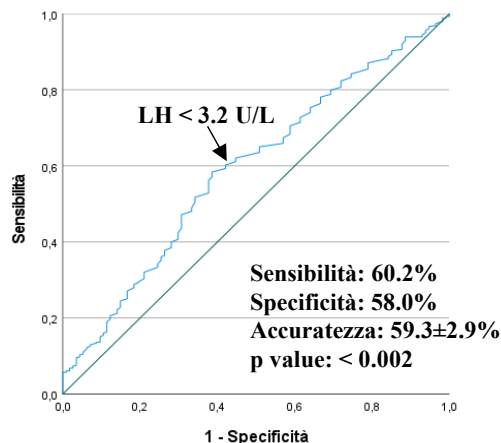
Nuovi PARAMETRI in grado di PREDIRE LA FERTILITA' NATURALE CON «NEONATI IN BRACCIO»

VALORI ORMONALI

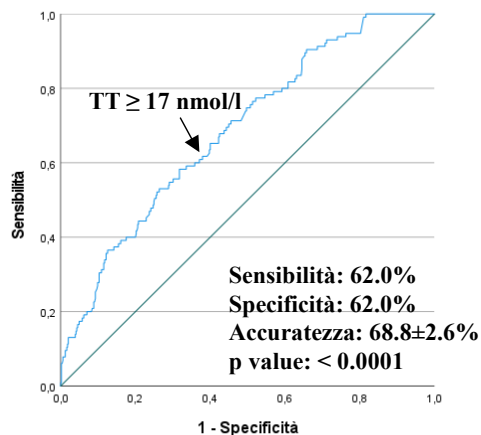
A Curva ROC per FSH
Predittiva per gravidanza con nato vivo



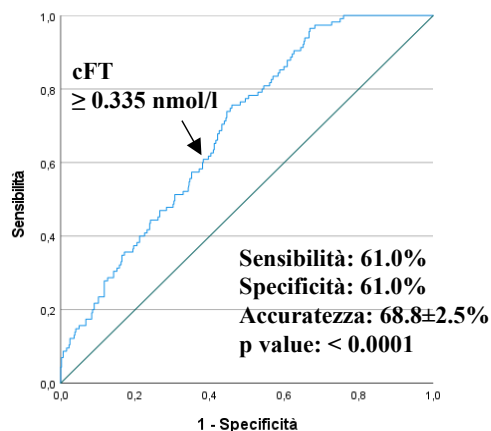
B Curva ROC per LH
predittiva di gravidanza con nato vivo



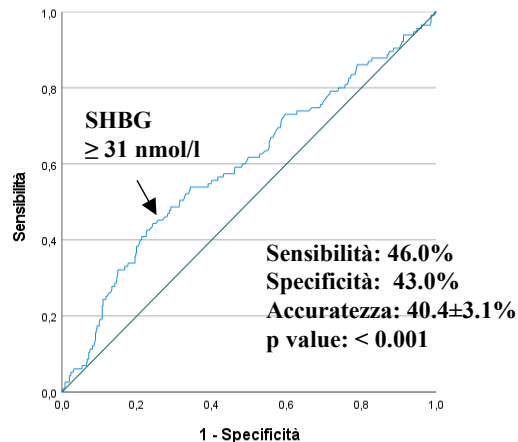
C Curva ROC per testosterone totale (TT)
predittiva di gravidanza con nato vivo



D Curva ROC per T libero calcolato (cFT)
predittiva di gravidanza con nato vivo



E Curva ROC per SHBG
predittiva di gravidanza con nato vivo



Soglie relative ai VALORI ORMONALI e probabilità di gravidanza naturale con «neonato in braccio»

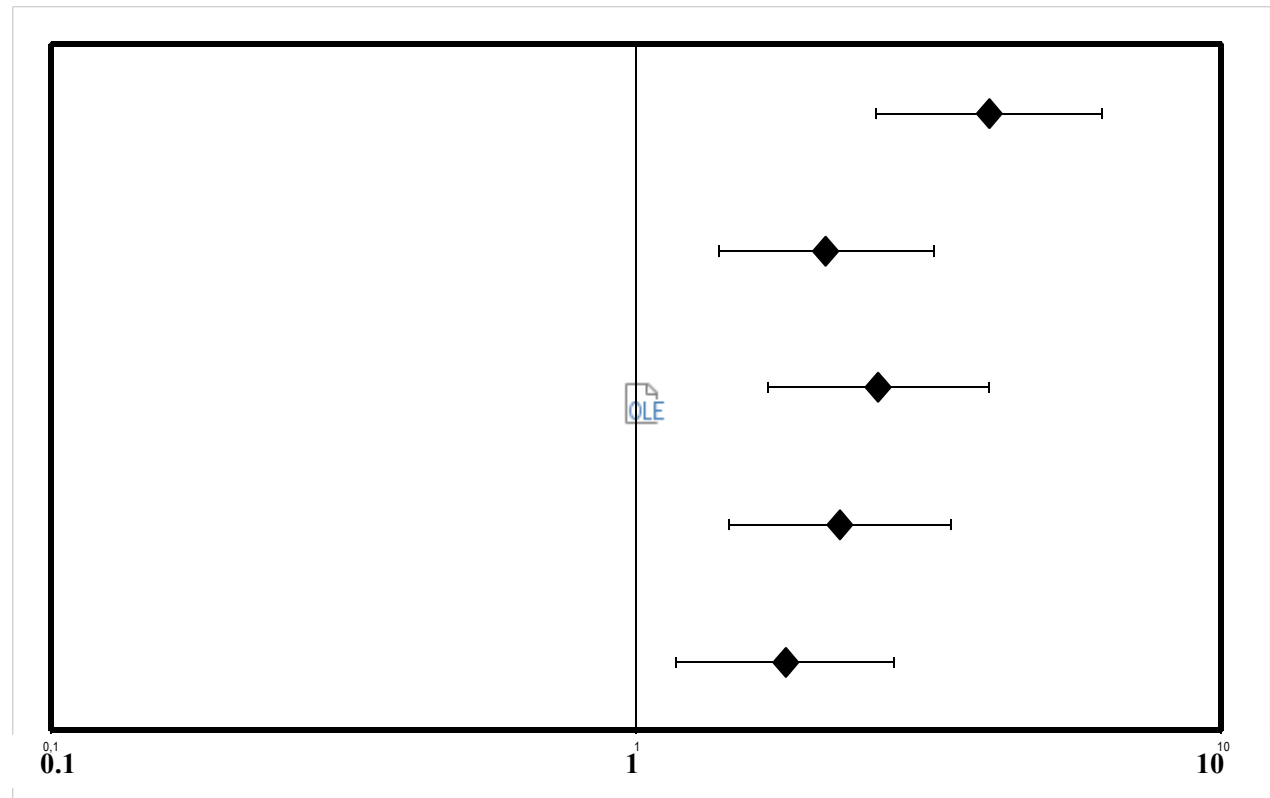
FSH < 3.8 U/L

LH < 3.2 U/L

TT ≥ 17 nmol /l

cFT ≥ 0.335 nmol /l

SHBG ≥ 31 nmol /l

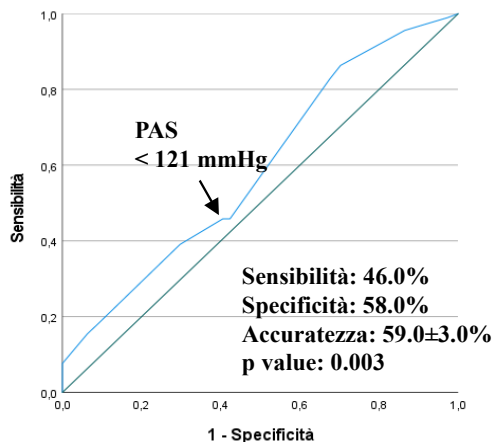


OR per gravidanza con nato vivo

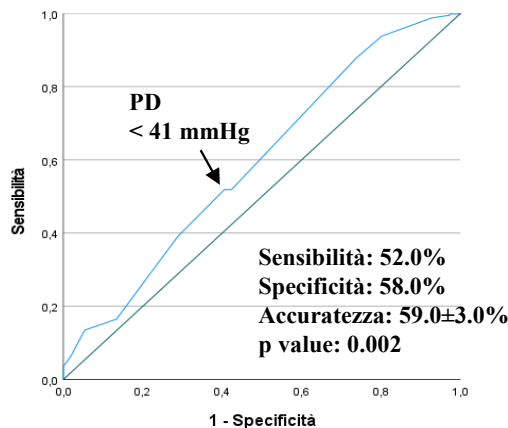
**Dati corretti per età del
maschio e della partner**

Nuovi PARAMETRI in grado di PREDIRE LA FERTILITA' NATURALE CON «NEONATI IN BRACCIO»

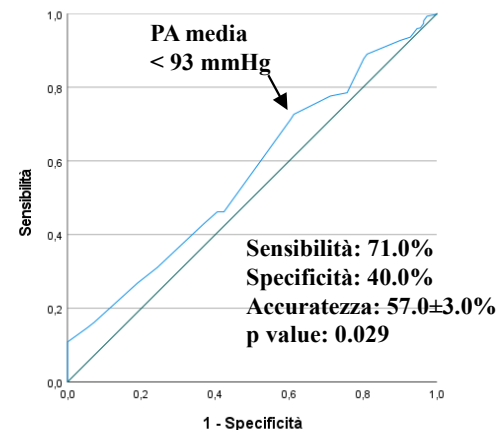
A Curva ROC per **PA sistolica (PAS)**
predittiva di gravidanza con nato vivo



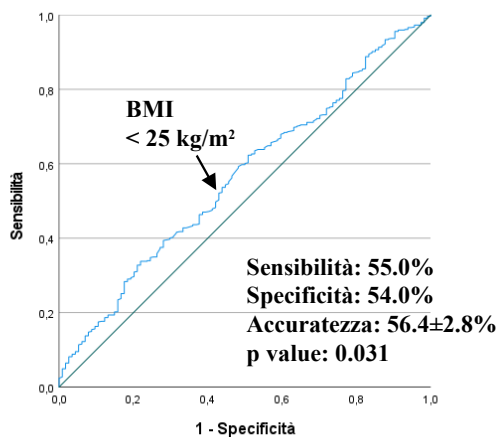
B Curva ROC per **Pressione Differenziale (PD)**
predittiva di gravidanza con nato vivo



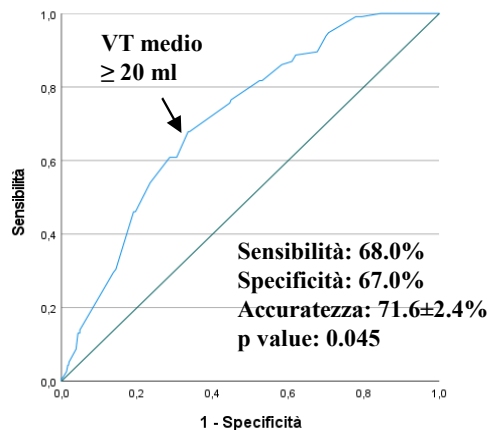
C Curva ROC per **PA media**
predittiva di gravidanza con nato vivo



D Curva ROC per **BMI** predittiva
di gravidanza con nato vivo



E Curva ROC per **volume testicolare (VT)**
predittiva di gravidanza con nato vivo



LA VISITA
ANDROLOGICA

Soglie relative ai PARAMETRI CLINICI della visita Andrologica e probabilità di gravidanza naturale con «neonato in braccio»

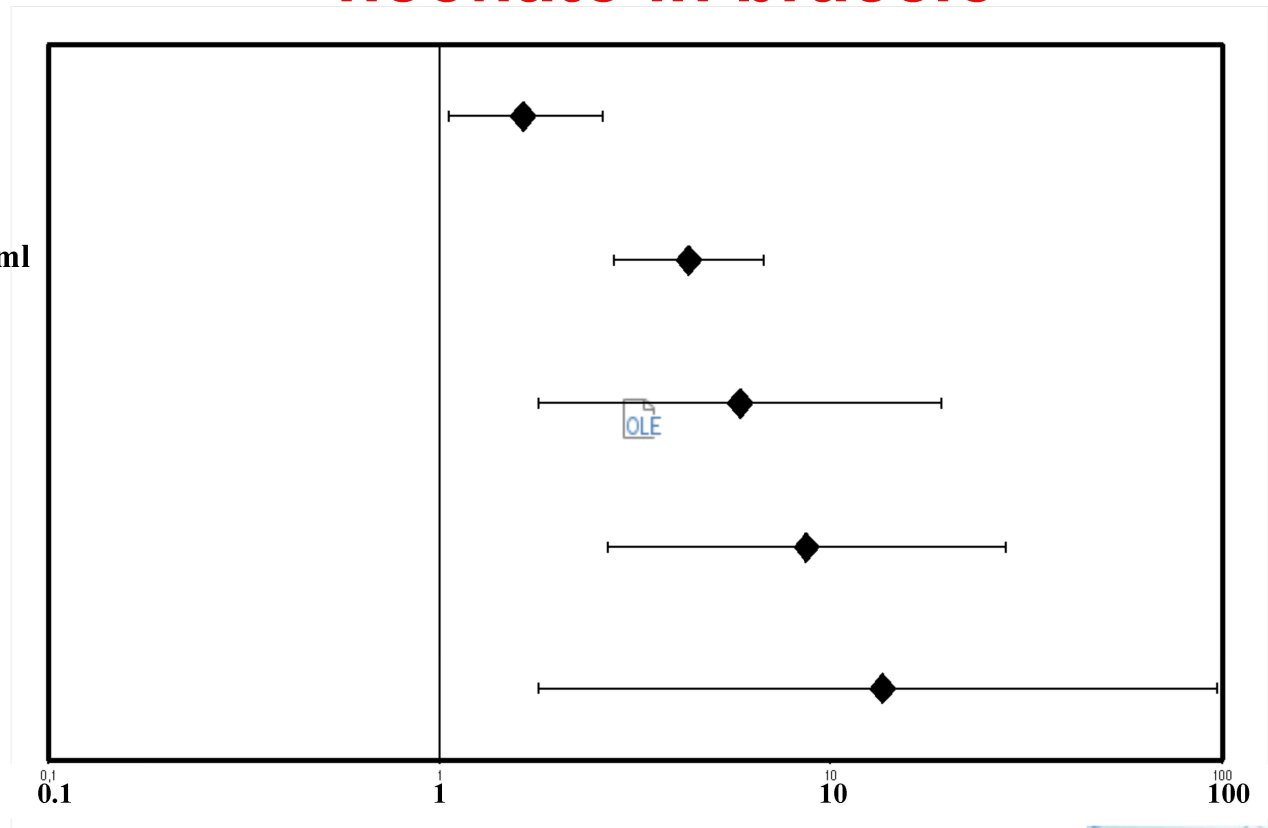
PA media < 93 mmHg

Volume testicolare medio ≥ 20 ml

Caput epididimo non dilatato

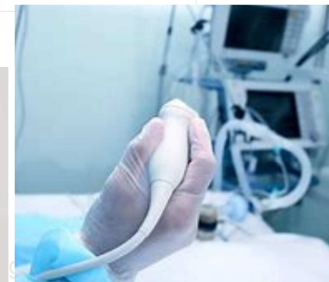
Cauda epididimo non dilatata

Assenza di
agenesia bilaterale deferenti



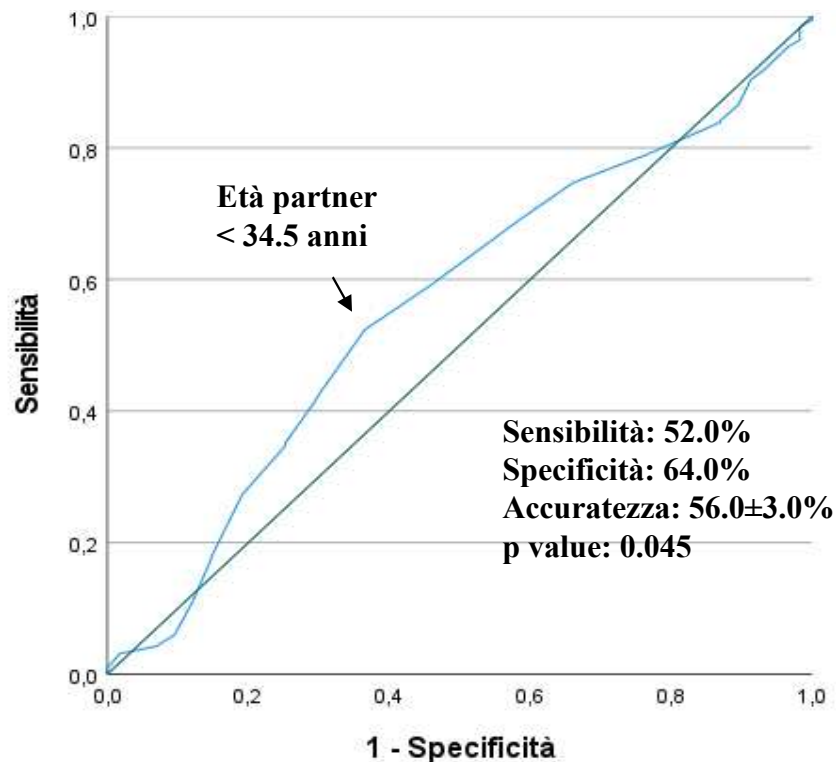
OR per gravidanza con nato vivo

Dati corretti per età del
maschio e della partner



Curve ROC – età partner

Curva ROC per età partner
predittiva di gravidanza con nato vivo



Soglie relative ai parametri clinici e Probabilità di gravidanza naturale con neonato in braccio

età partner, anamnesi, questionari psicologici e andrologici

Età partner < 34.5 anni

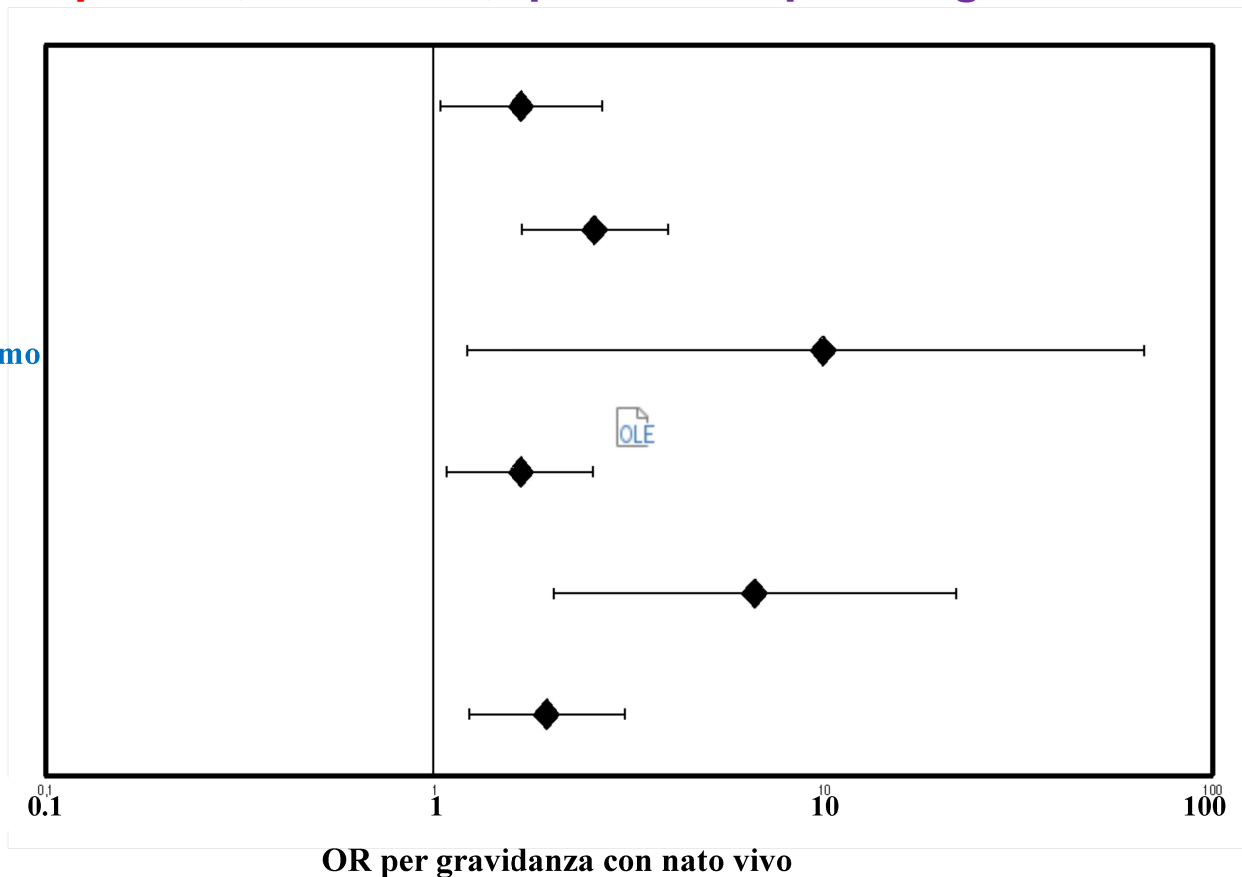
Consumo di alcol lieve

Assenza di storia di criptorchidismo

Assenza di storia di parotite

Assenza di disfunzione erettile

Punteggio totale MHQ ≤ 20



Dati corretti per età del
maschio e della partner

WHAT ABOUT THE THERAPEUTIC STRATEGIES?



**Hypogonadotropic
Hypogonadism**

**Erectile
dysfunction**

Hyperestrogenism Inflammation

**Sperm
alterations**



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Metabolic syndrome-associated sperm alterations in an experimental rabbit model: Relation with metabolic profile, testis and epididymis gene expression and effect of tamoxifen treatment

Sara Marchiani ^a, Linda Vignozzi ^a, Sandra Filippi ^b, Bruna Gurrieri ^a, Paolo Comeglio ^a, Annamaria Morelli ^c, Giovanna Danza ^d, Gianluca Bartolucci ^e, Mario Maggi ^a, Elisabetta Baldi ^{a,*}

ORIGINAL ARTICLE

Correspondence:

Michael E. Chua, Institute of Urology, St. Luke's Medical Center, Quezon City, Philippines.
E-mail: auhc_ekim@yahoo.com

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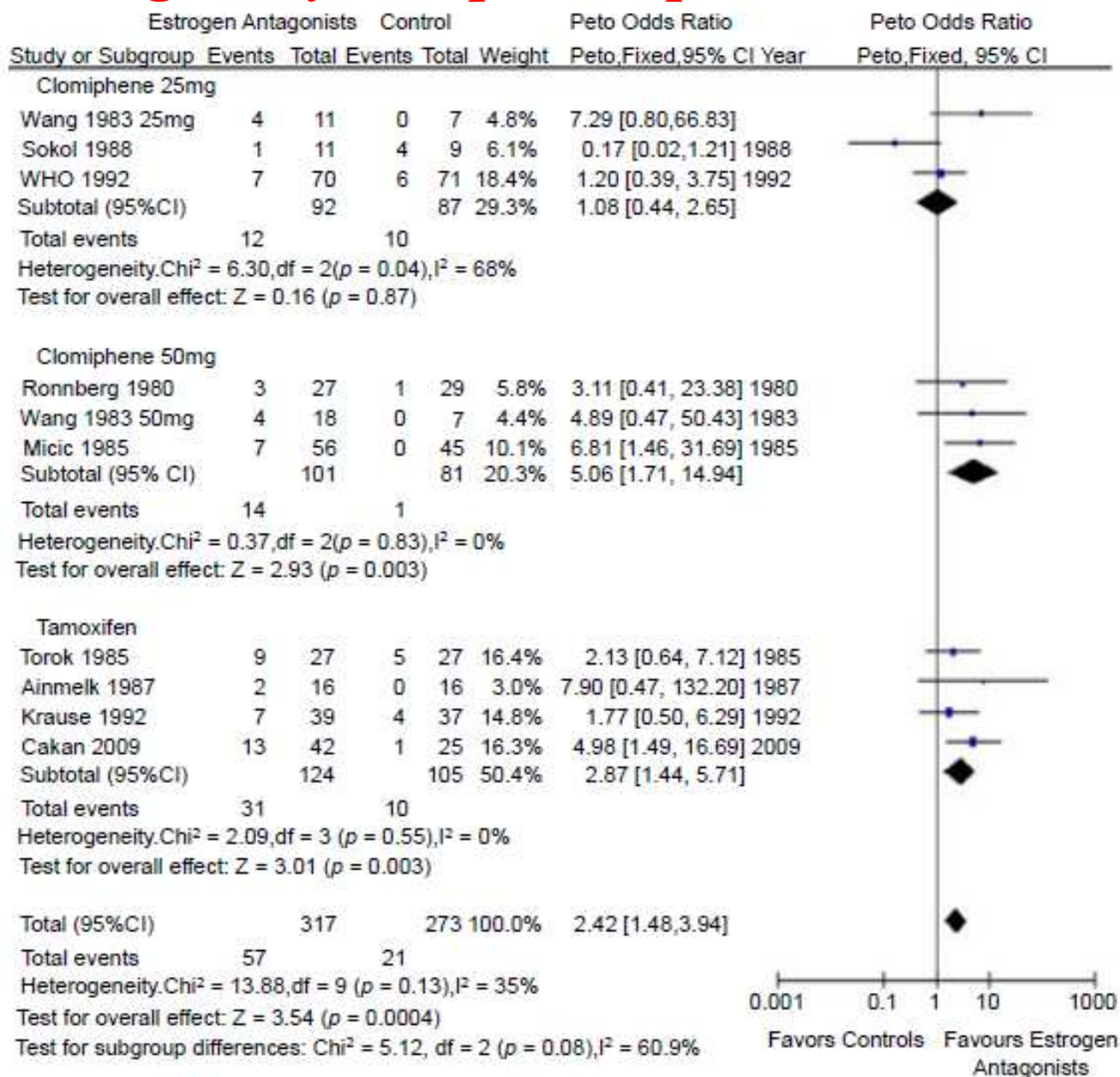
doi: 10.1111/j.2047-2927.2013.00107.x

Revisiting oestrogen antagonists (clomiphene or tamoxifen) as medical empiric therapy for idiopathic male infertility: a meta-analysis

^{1,2}M. E. Chua, ³K. G. Escusa, ¹S. Luna, ³L. C. Tapia, ^{4,5}B. Dofitas and ^{1,6}M. Morales

¹Institute of Urology, St. Luke's Medical Center, Quezon City, Philippines, ²Research and Biotechnology Division, St. Luke's Medical Center, Quezon City, Philippines, ³Department of Preventive and Community Medicine, St. Luke's College of Medicine, Quezon City, Philippines, ⁴Section of Dermatology, St. Luke's College of Medicine, Quezon City, Philippines, ⁵Section of Dermatology, Philippine General Hospital, Manila City, Philippines, and ⁶Department of Urology, National Kidney and Transplant Institute, Quezon City, Philippines

Pregnancy rate per couple randomized



Outcomes of anastrozole in oligozoospermic hypoandrogenic subfertile men

Ohad Shoshany, M.D.,^a Nikita Abhyankar, M.D.,^a Naem Mufarreh, M.S.,^b Garvey Daniel, M.D.,^a and Craig Niederberger, M.D.^a

^a Department of Urology, University of Illinois at Chicago, Chicago; and ^b Loyola University, Chicago, Illinois

TABLE 2

Semen parameters in 21 men with hypoandrogenism and oligozoospermia treated with anastrozole.

Parameter	Baseline		At 4 mo		P value
	Mean $\pm$ SE	Median (IQR)	Mean $\pm$ SE	Median (IQR)	
Volume (mL)	2.56 $\pm$ 0.22	2.5 (1.7–3.3)	2.32 $\pm$ 0.25	2.2 (1.6–3)	NS
Concentration ($\times 10^6$ /mL)	4.7 $\pm$ 1.2	2 (1.5–7.3)	13.1 $\pm$ 2.9	7 (4.4–19.5)	.001
Motility (%)	39.9 $\pm$ 5	41.5 (24–55)	40.5 $\pm$ 4.8	38.5 (29–54)	NS
Total motile count ($\times 10^6$)	4.6 $\pm$ 1.3	2.8 (0.7–6.6)	8 $\pm$ 3.4	8.1 (3.3–12.1)	< .01

Note: Values are mean $\pm$ SE or median (interquartile range).

Shoshany. Anastrozole for subfertile men. *Fertil Steril* 2016.

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TABLE 3

Correlation of total motile count percentage change with hormonal parameters in a subgroup of 21 men with hypoandrogenism and oligozoospermia.

Predictor	Linear regression			Age- and FSH-adjusted linear regression		
	Regression coefficient (95% CI)	Adjusted R ²	P value	Regression coefficient (95% CI)	Adjusted R ²	P value
Pretreatment total T	1.48 (–1.67, 4.63)	–0.002	NS			
Pretreatment BT	2.94 (–3.35, 9.22)	–0.002	NS			
Pretreatment E ₂	–1.9 (–19, 15.2)	–0.052	NS			
Posttreatment total T	0.15 (–1.39, 1.69)	–0.053	NS			
Posttreatment BT	0.28 (–3.18, 3.75)	–0.069	NS			
Posttreatment E ₂	–4.13 (–14.1, 5.87)	–0.014	NS			
Change in total T	–0.18 (–1.67, 1.31)	–0.052	NS			
Change in total BT	–0.48 (–3.84, 2.89)	–0.064	NS			
Pretreatment T/E ₂ ratio	19.8 (–60.5, 100.2)	–0.04	NS			
Posttreatment T/E ₂ ratio	14.3 (8.8, 19.8)	0.618	< .0001	14.5 (7.9, 21.1)	0.598	< .0001
Absolute change in T/E ₂ ratio	13.8 (8.15, 19.5)	0.586	< .0001	14.2 (7.5, 21)	0.578	< .0001
% Change in T/E ₂ ratio	0.8 (0.35, 1.25)	0.419	< .01	0.77 (0.22, 1.31)	0.374	< .01

Note: BT = bioavailable T; CI = confidence interval.

Shoshany. Anastrozole for subfertile men. *Fertil Steril* 2016.

TREATMENT of HYPOGONADOTROPIC HYPOGONADISM

Goal: IMPROVEMENT OF SEMEN
QUALITY



Gonadotropins

- HCG
- HCG + FSH
- HCG & FSH

REVIEW ARTICLE

Correspondence:

Mario Maggi, Andrology Unit, Department of Biomedical, Experimental and Clinical Sciences
Viale Pieraccini 6, 50139 Florence, Italy.
E-mail: m.maggi@dfc.unifi.it

Keywords:

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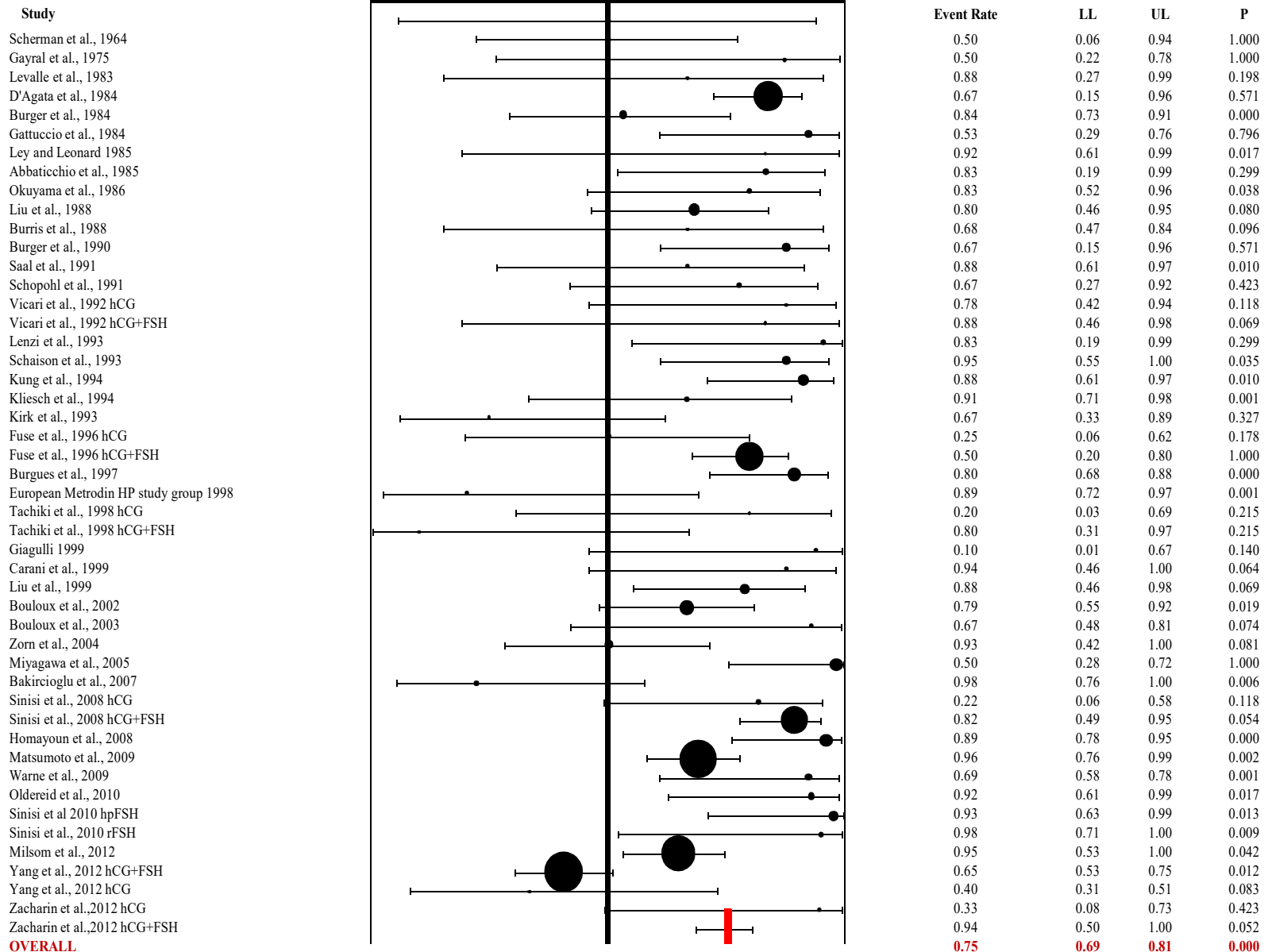
doi: 10.1111/andr.262

Factors affecting spermatogenesis upon gonadotropin-replacement therapy: a meta-analytic study

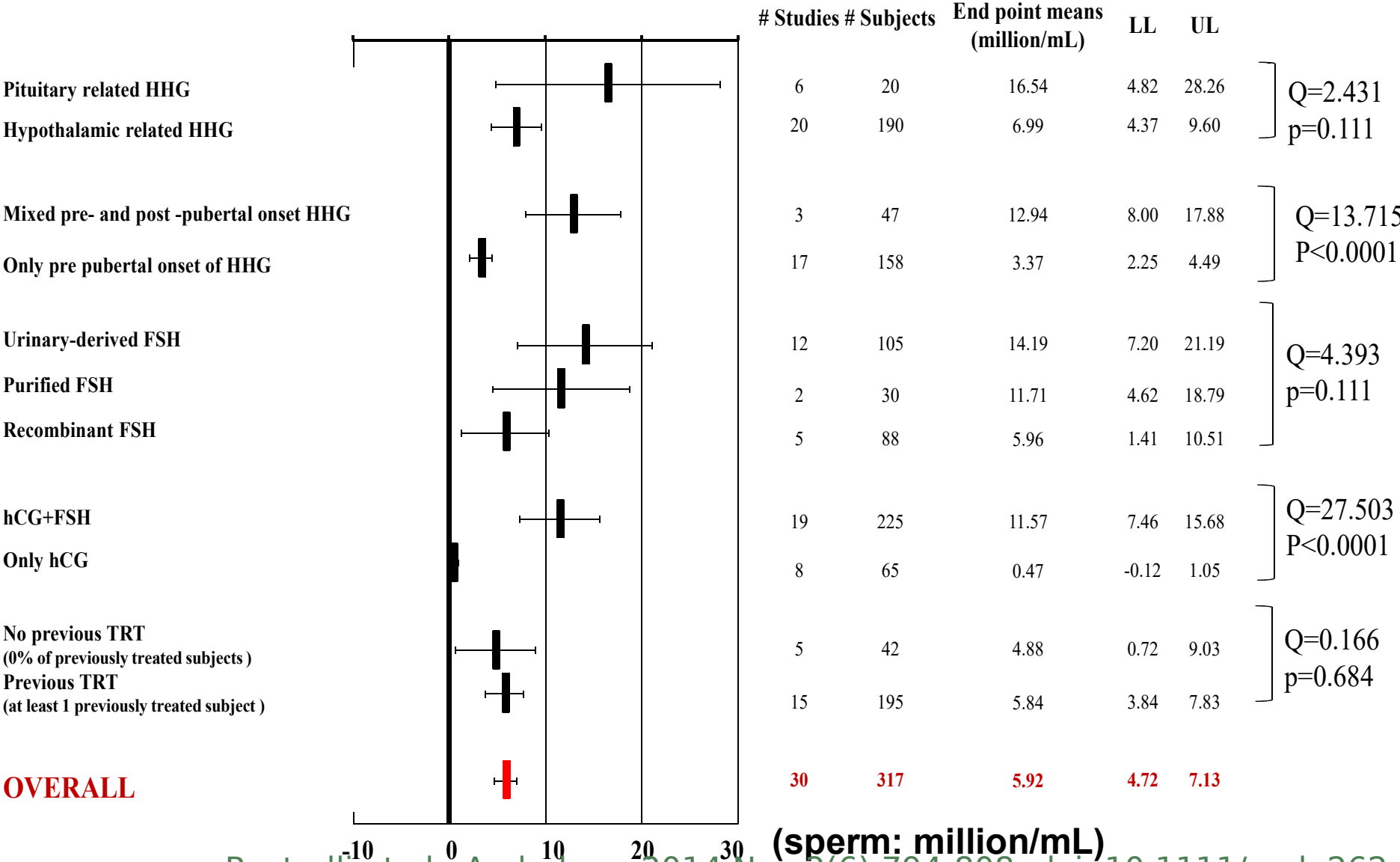
¹G. Rastrelli, ^{1,2}G. Corona, ³E. Mannucci and ¹M. Maggi

¹Experimental and Clinical Biomedical Sciences, University of Florence, Florence, Italy, ²Endocrinology Unit, Maggiore Hospital, Bologna, Italy, and ³Critical Care, University of Florence, Florence, Italy

Cumulative rates (with 95% confidence interval) of appearance of at least one spermatozoa in the semen upon Gonadotropins therapy

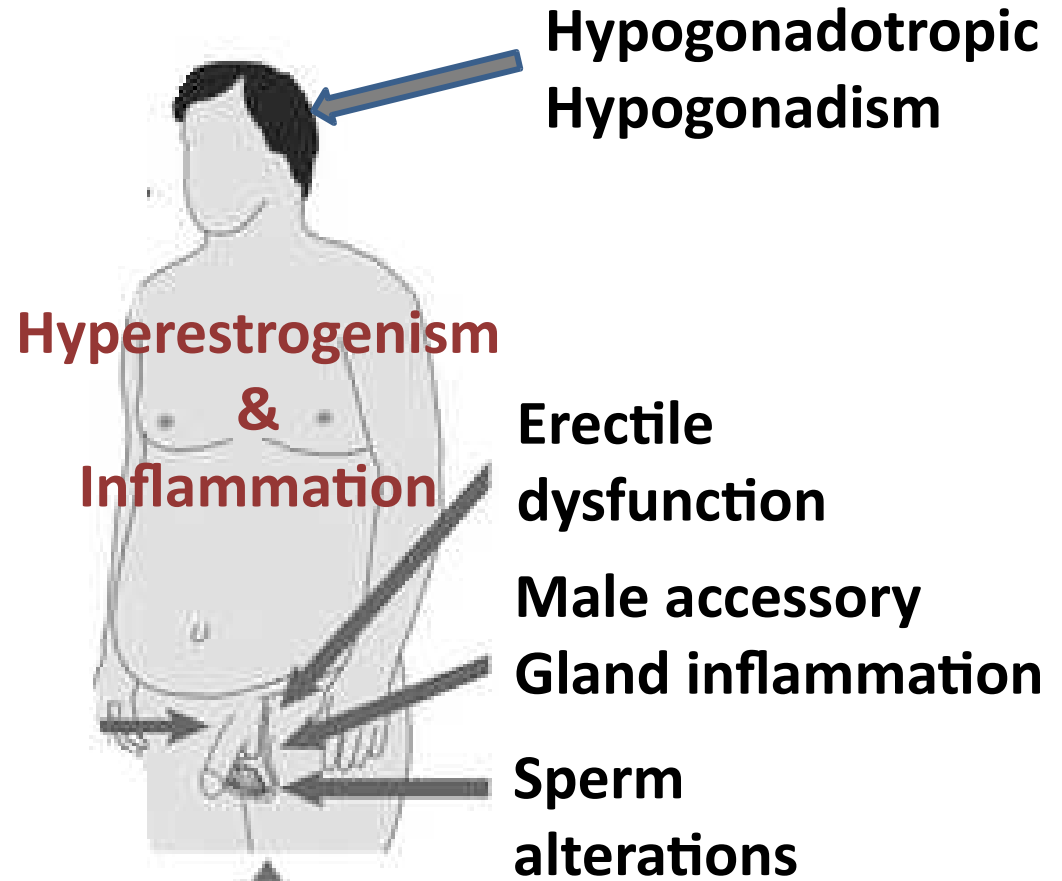


Cumulative mean sperm concentration achieved (with 95% confidence interval) upon gonadotropin therapy, overall and according to different possible predictors.

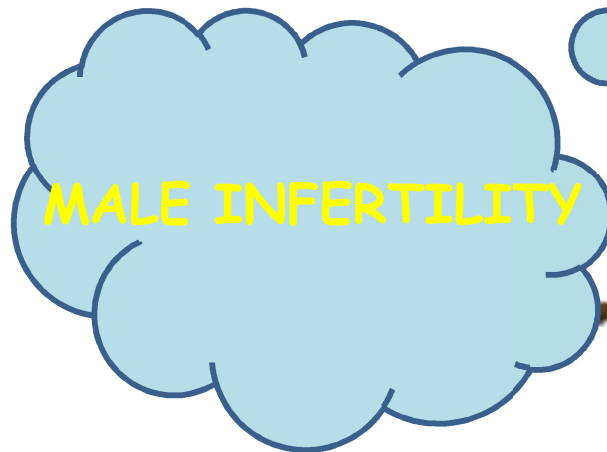
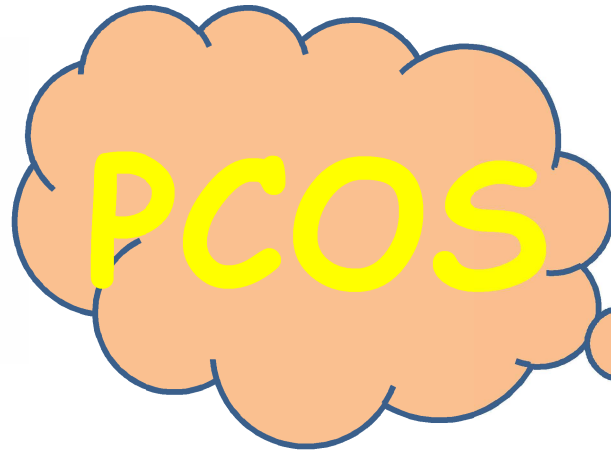


remarks:

Metabolic syndrome is characterized by several reproductive alterations:



Final remarks



Metabolic
diseases



**Dept Experimental and Clinical Biomedical Sciences
Sexual Medicine and Andrology Research Unit**

Prof. MARIO MAGGI

**Dr. Sandra Filippi,
Dr. Paolo Comeglio,
Dr. Ilaria Cellai**

**Dept of Experimental and Clinical Medicine
Anatomy and Histology**

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Dr. Erica Sarchielli**

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**Dr. Sarah Cipriani
Dr. Enza di Stasi
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Dept of GYNAECOLOGY

**Prof. Felice Petraglia
Prof. Massimiliano Fambrini
Dr. Flavia Sorbi**



