

SOME DISEASES TREATED AT FIOR DI PRUGNA CENTRE:

Adults

musculoskeletal, gynecological, gastro-intestinal, and skin diseases...also headaches, trigeminal neuralgia, anxiety, irritability, mild depression, sleep disorders, fetal malposition, support for cancer therapy for patients undergoing radio and chemotherapy.

Children

infant gas, gastro-enteric disorders, bedwetting, agitation and sleep disorders, skin diseases, colds.

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Who can access to the Fior di Prugna Centre?
All the residents in Tuscany with patients' co-payment

Medical prescription is not required

To book a visit you can go to CUP (information desk to book health appointments) territorial points: pharmacies, hospitals, health districts or contact the Call Center
055 545454 from landline or mobile phone
Monday to Friday 7:45 am to 6:30 pm
Saturday 7:45 am to 12:30 am

Fees* (except exemptions)

*updated to August 2011

1st VISIT € 24.00

to evaluate if your problems can benefit from the use of traditional Chinese medicine

ACUPUNCTURE (6-session cycle) € 24.00 each

AURICULOTHERAPY (6-session cycle) € 18.00 each

Centre of traditional Chinese medicine Fior di Prugna

Regional reference centre for
traditional Chinese medicine

Presidio Viale Volta
Viale A. Volta, 171
50131 Firenze

Tel. 055 6939240

E-mail: fiordiprugna@uslcentro.toscana.it

Open

Monday to Friday 09.00 am to 02.00 pm

Monday, Wednesday and Thursday 02:30 pm to 07.00 pm



Staff

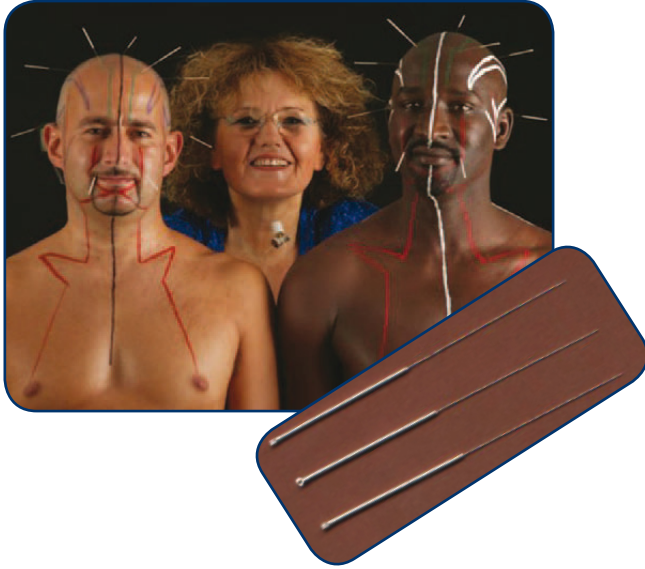
Centre of traditional Chinese medicine Fior di Prugna



The Fior di Prugna Centre offers a holistic health approach to treat the body and mind with various therapeutic techniques.

Acupuncture

stimulation with needles of energy points of the body

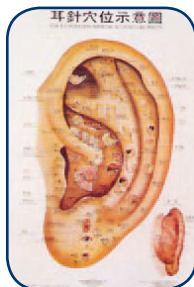


a 3000-year old medicine still practiced in many countries of the world

The first preventive medicine known in the history of mankind

Auricular therapy

stimulation of the ear with needles or colza seeds



Cupping therapy

application of cups with suction effect on certain points or areas of the body



Search for small signs of energy imbalance that may cause very important diseases

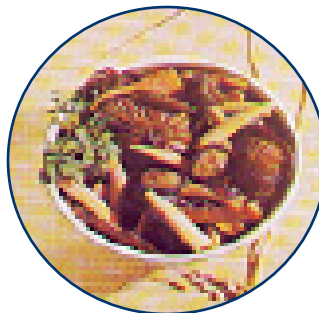
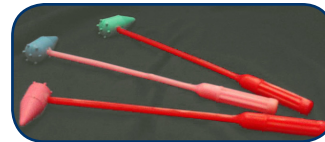


Plum blossom needling

little hammer with 7 small needles used on all skin surfaces

Malitang rubber hammer

to boost energy of the whole body



Dietetics

dietary recommendations for the correct choice of foods and cooking methods

Moxibustion

application of heat to acupuncture points or areas of the body



Energy Gymnastics

gentle movements for recovering and maintaining health

"... The wise man does not cure only when you are sick, but tries to prevent the occurrence of disorders and disease"

Tui na

Chinese massage to rebalance energy

